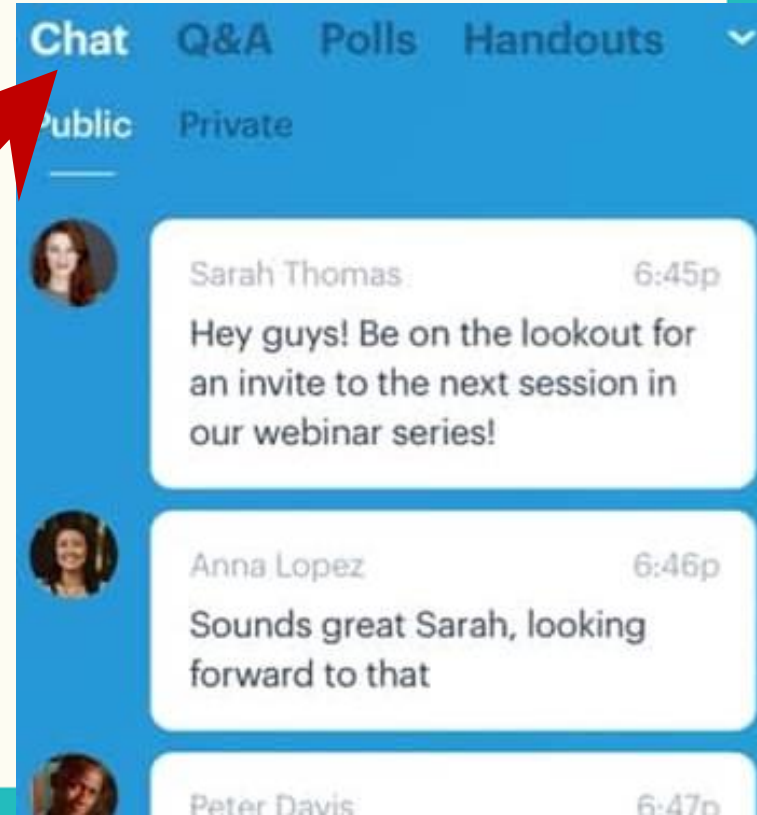


Jumpstart Session 3: Midterm Content Review

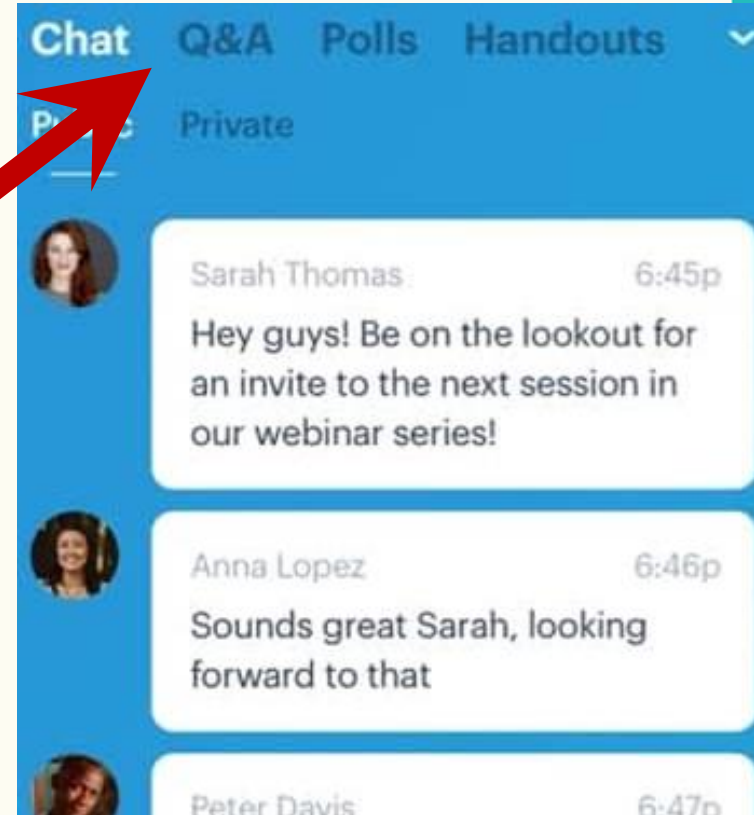


**with
Tiffany Jones
& Josh Kaspar**

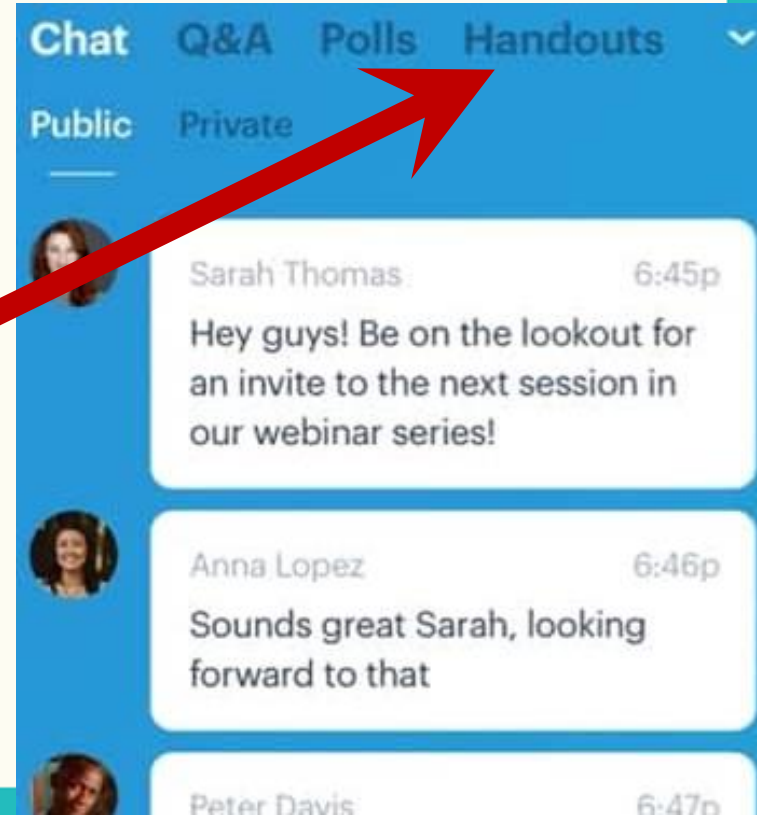
Don't be shy! Talk
to us in the **Chat**
section



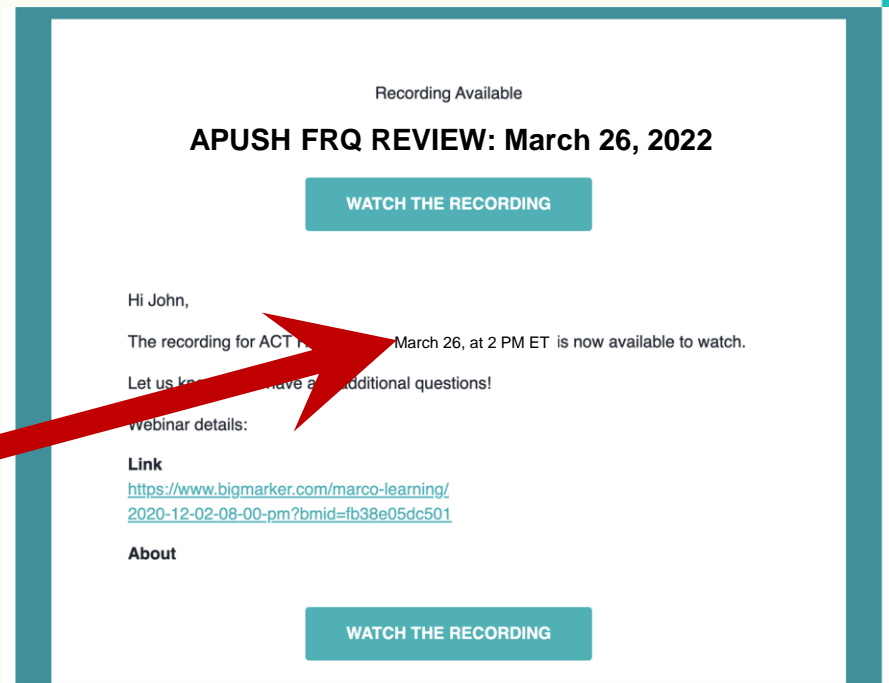
Post your questions in the **Q&A Section** and upvote your favorite questions.



Download your handouts and links in the **Handouts** tab.



All sessions
**will be
recorded** and
sent to you
via email.



Recording Available

APUSH FRQ REVIEW: March 26, 2022

[WATCH THE RECORDING](#)

Hi John,

The recording for ACT 1 on March 26, at 2 PM ET is now available to watch.

Let us know if you have any additional questions!

Webinar details:

Link
<https://www.bigmarker.com/marco-learning/2020-12-02-08-00-pm?bmid=fb38e05dc501>

About

[WATCH THE RECORDING](#)

A red arrow points from the text 'will be recorded' in the main text to the 'WATCH THE RECORDING' button in the email screenshot.

Welcome – Who Are You?

Mr. Joshua Kaspar

- 10 Years of AP Biology
- Florida
- B.A. in Science Education – Biology
- AP teacher trainer and mentor



Welcome – Who Are You?

Mrs. Tiffany Jones

- 11 years of AP Biology
- Georgia
- AP Reader
- B.S. in Biology
- Ed.S. in Instructional Tech



AP Bio Penguins Resources



- 316 page Review Guide
- 60+ Quizizz Games
- Topic TikTok Videos
- Review PowerPoints
- Review Videos

www.apbiopenguins.weebly.com

@apbiopenguins (IG, TT, YT)

Semester 1

Suggested topics

Unit	Topic	Exam Weight
1	Chemistry of Life	8–11%
2	Cell Structure and Function	10–13%
3	Cellular Energetics	12–16%
4	Cell Communication and Cell Cycle	10–15%

Don't worry if your teacher hasn't covered these yet!



Unit 1: Chemistry of Life

Main Idea: Living systems are organized into a hierarchy

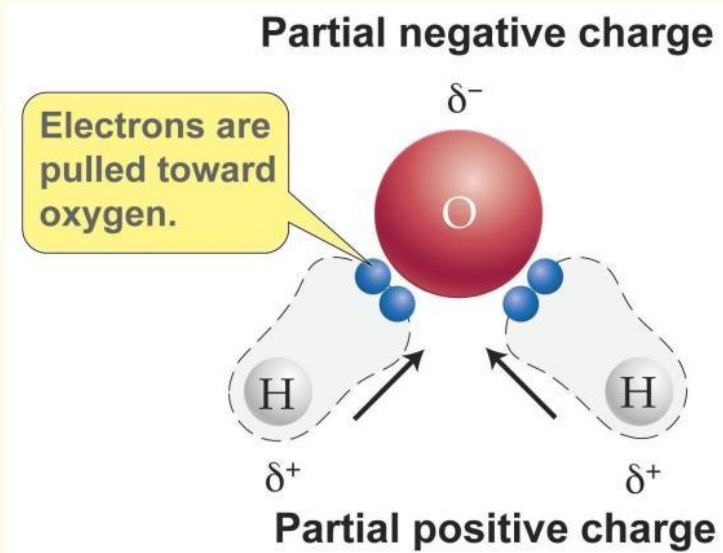


Be able to:

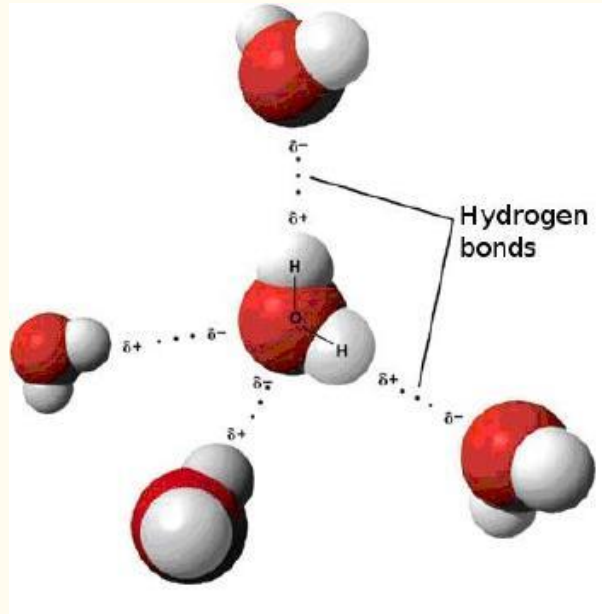
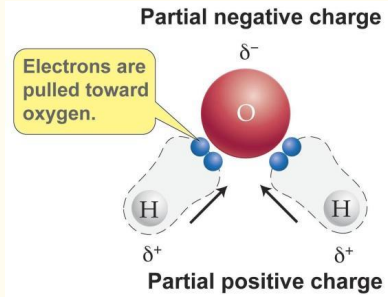
- Explain how the properties of water that result from its polarity and hydrogen bonding affect its biological function.

Quizizz:
5712 3747

Water is polar which causes hydrogen bonding



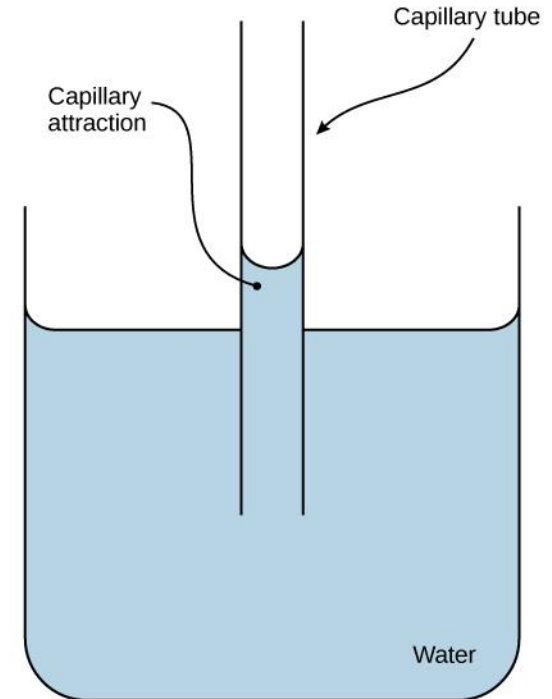
Water is polar which causes hydrogen bonding



Living systems depend on the special properties of water

Due to polarity and hydrogen bonding

- Cohesion
 - Adhesion
- Capillary action
- Surface tension
 - High specific heat capacity
 - Solid is less dense
 - Universal solvent
 - supports reactions



Unit 1: Chemistry of Life

Main Idea: Living things are constantly exchanging matter and energy with the environment

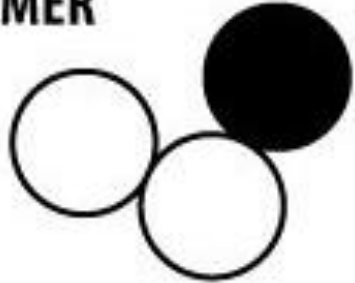


Be able to:

- Describe the composition of macromolecules
- Name the monomers of macromolecules and describe their properties
 - Including the types of bonds that connect them

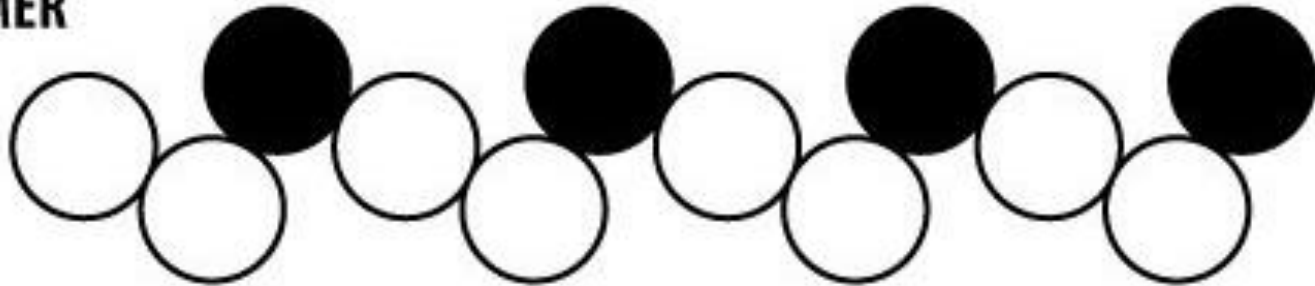
Structure and function of polymers are derived from the way their monomers are assembled

MONOMER



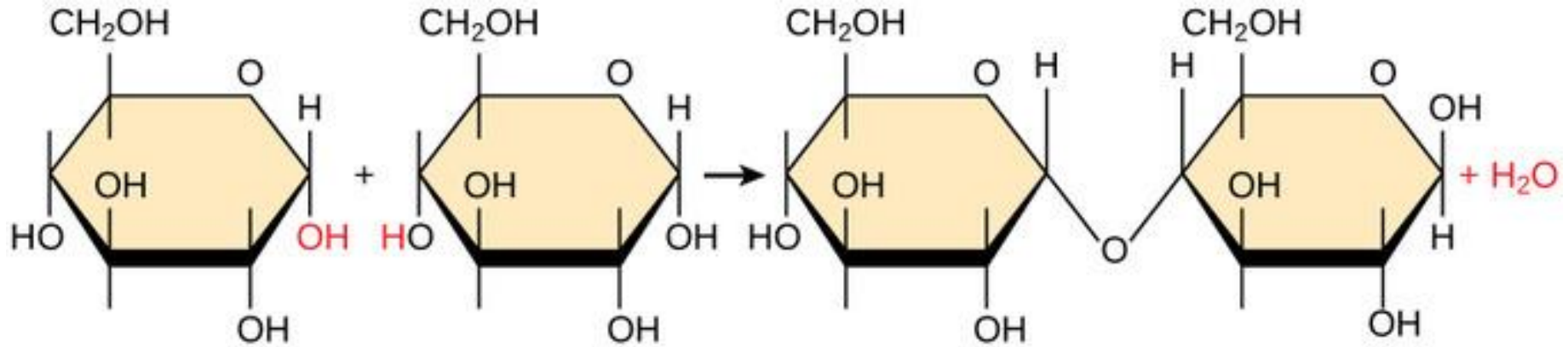
A monomer is a small molecule.

POLYMER

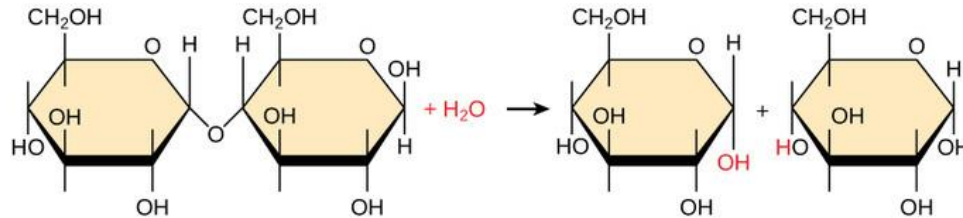


A polymer is a long-chain molecule made up of a repeated pattern of monomers.

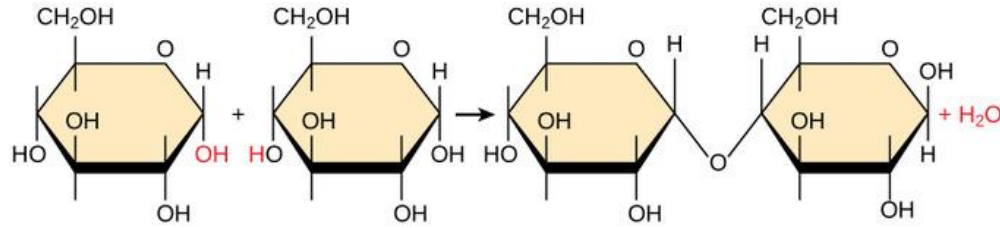
Synthesized via dehydration synthesis (condensation)



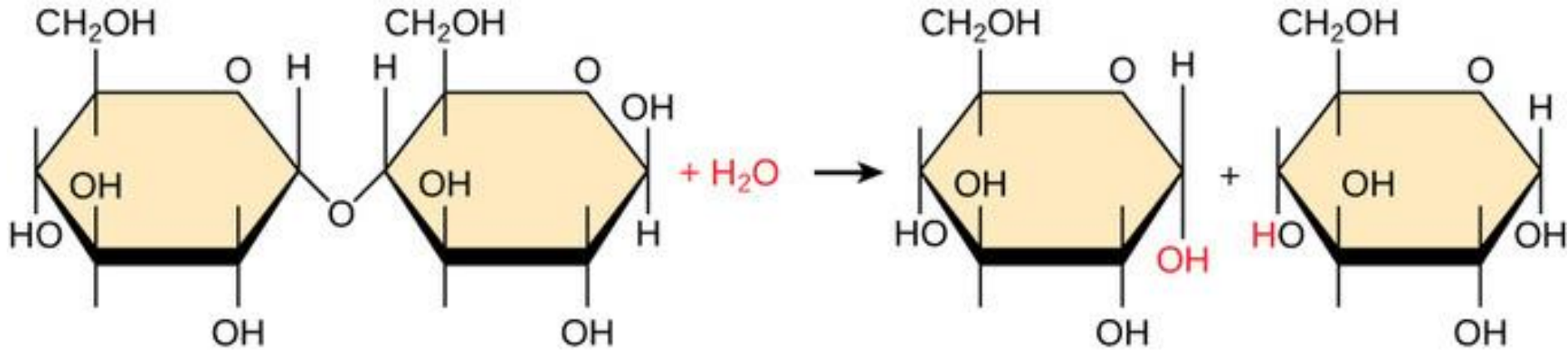
Decomposed via hydrolysis



Synthesized via dehydration synthesis (condensation)



Decomposed via hydrolysis

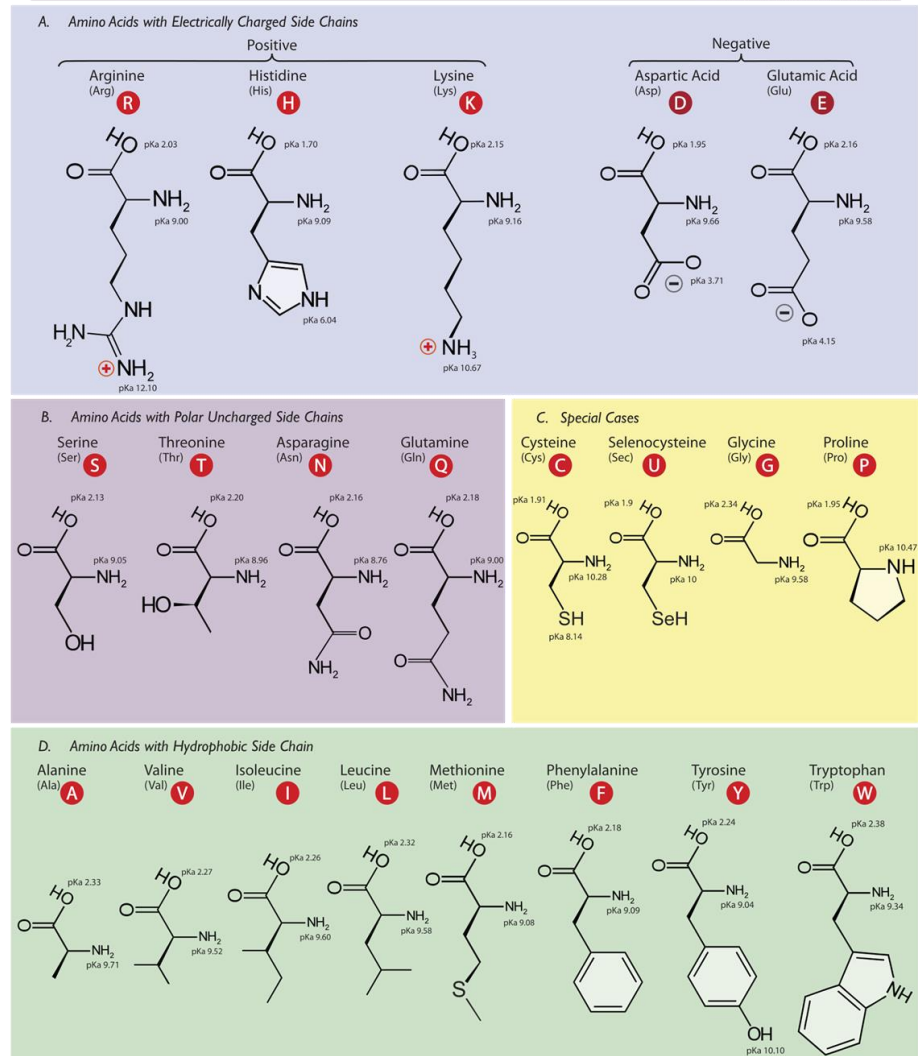
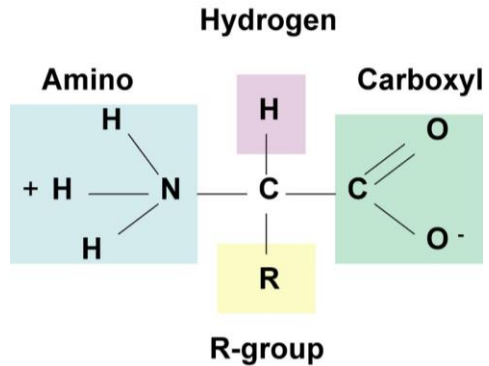


Proteins

Serve crucial functions in essentially all biological processes

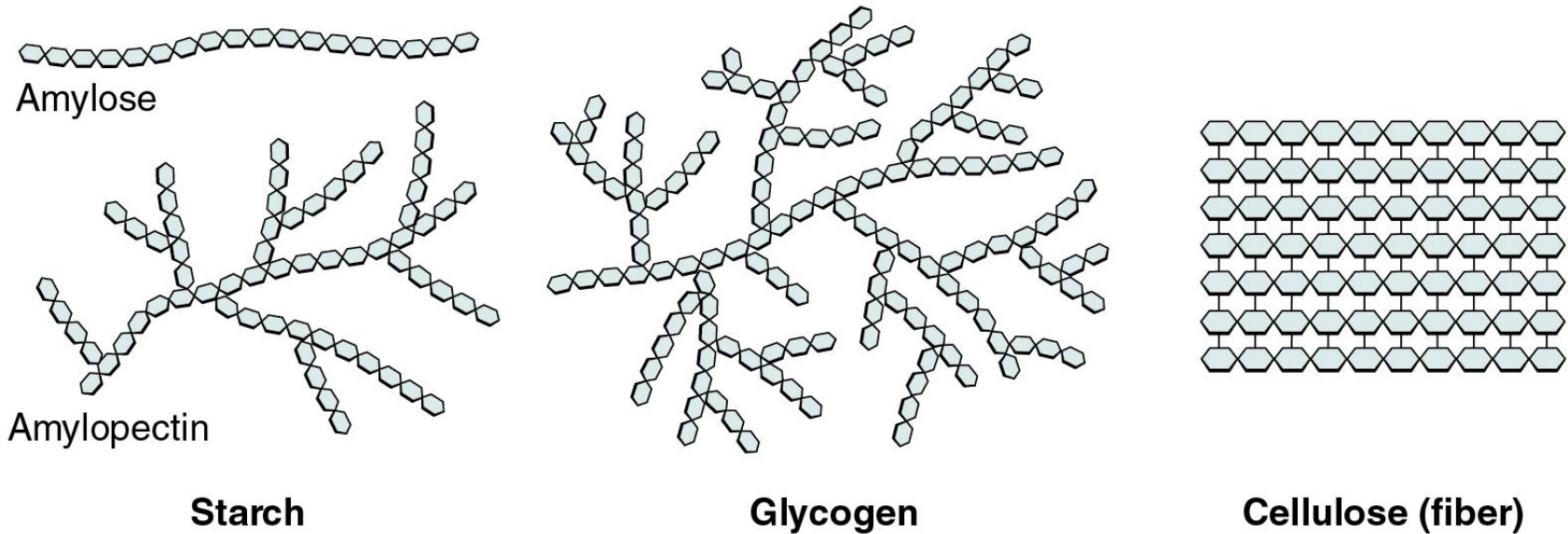
Monomer: Amino Acid (20 kinds)
Polymer: Polypeptide

🔑 'R' group determines identity and function of the amino acid



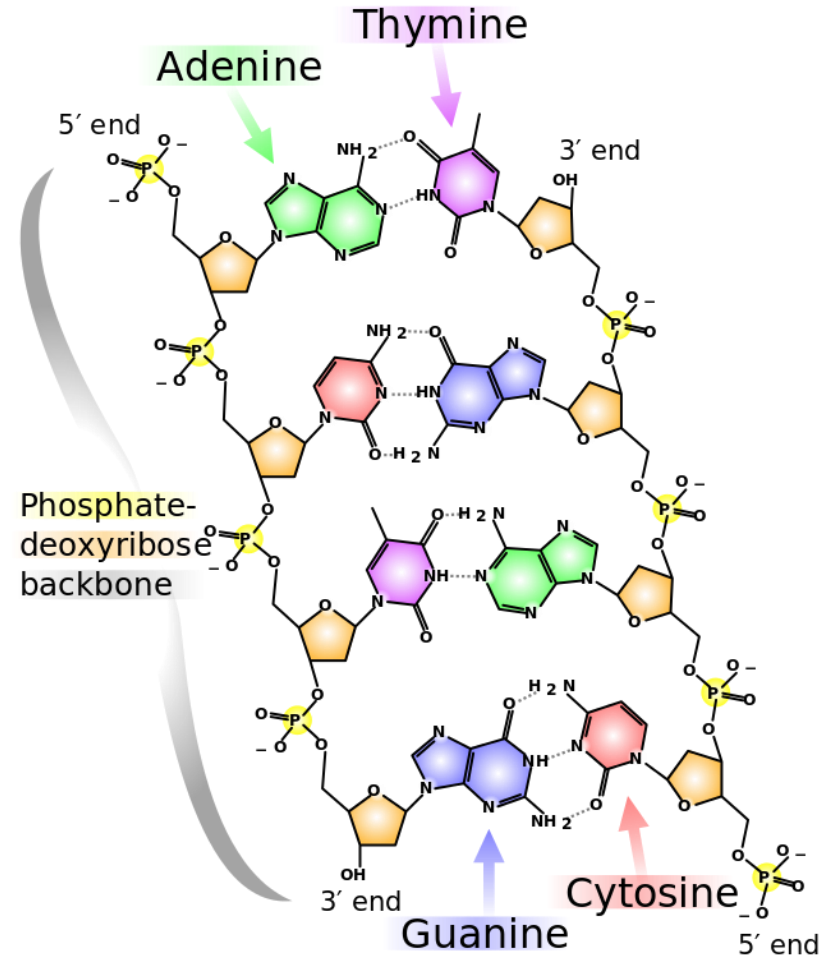
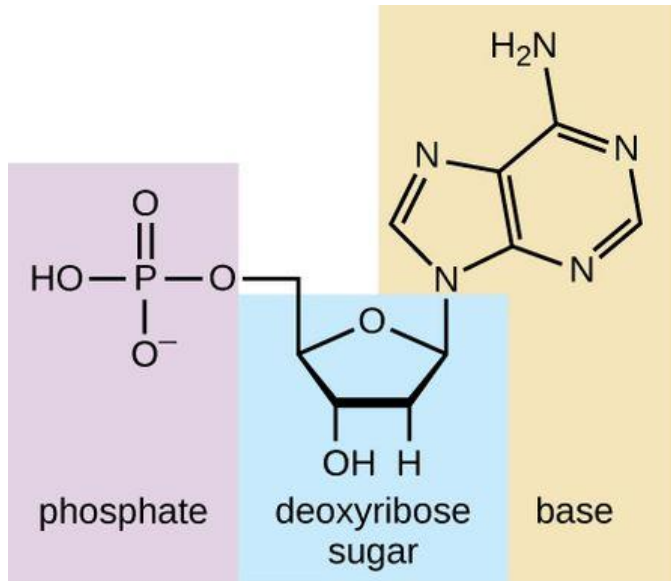
Carbohydrates

- Monomer: Monosaccharide
- Polymer: Polysaccharide



Nucleic Acids

- Monomer: nucleotide
- Polymer: nucleic acid (i.e. DNA, RNA)



Polymer	Example	Monomer	Function	Elements
Protein	Keratin, Hemoglobin, Histones, etc	Amino acid	Vast array of biological structures and functions	CHON
Carbohydrates	Sugars, starch, cellulose, etc	Mono-saccharide	Structure, short-term energy storage	CHO
Lipids	Waxes, oils, fats	No monomer/ polymer structure	Long-term energy storage, membrane structure	CHO(P)
Nucleic acids	DNA, RNA	Nucleotide	encode biological information	CHONP

Unit 1: Chemistry of Life

Main Idea: Living systems are organized into a hierarchy



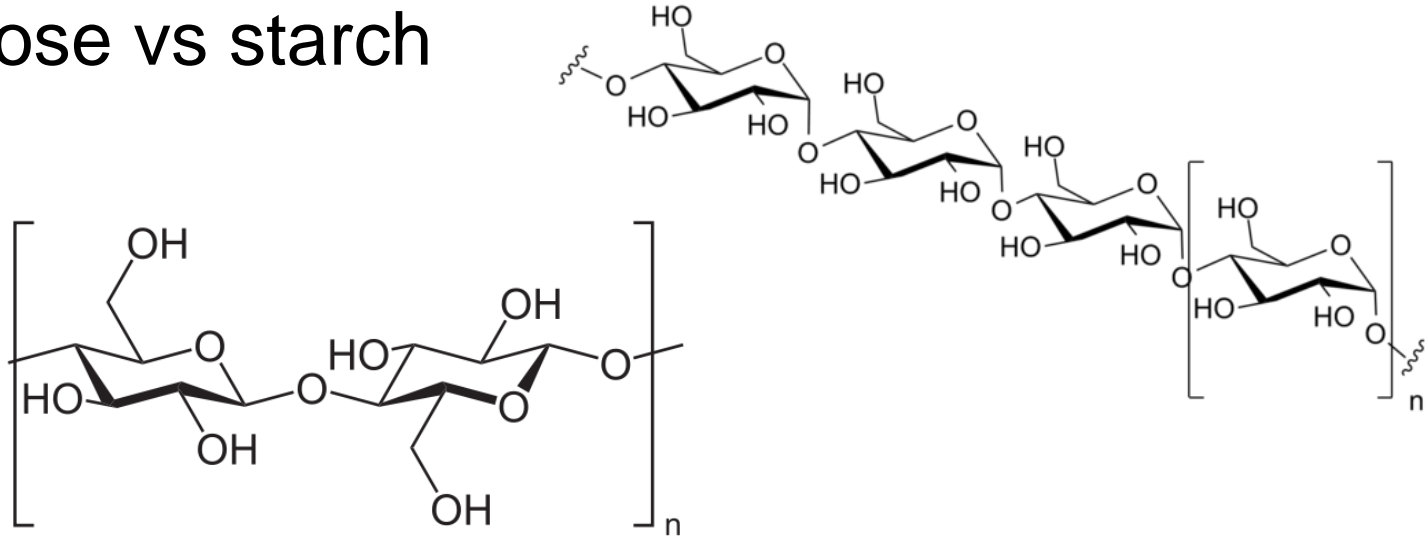
Be able to:

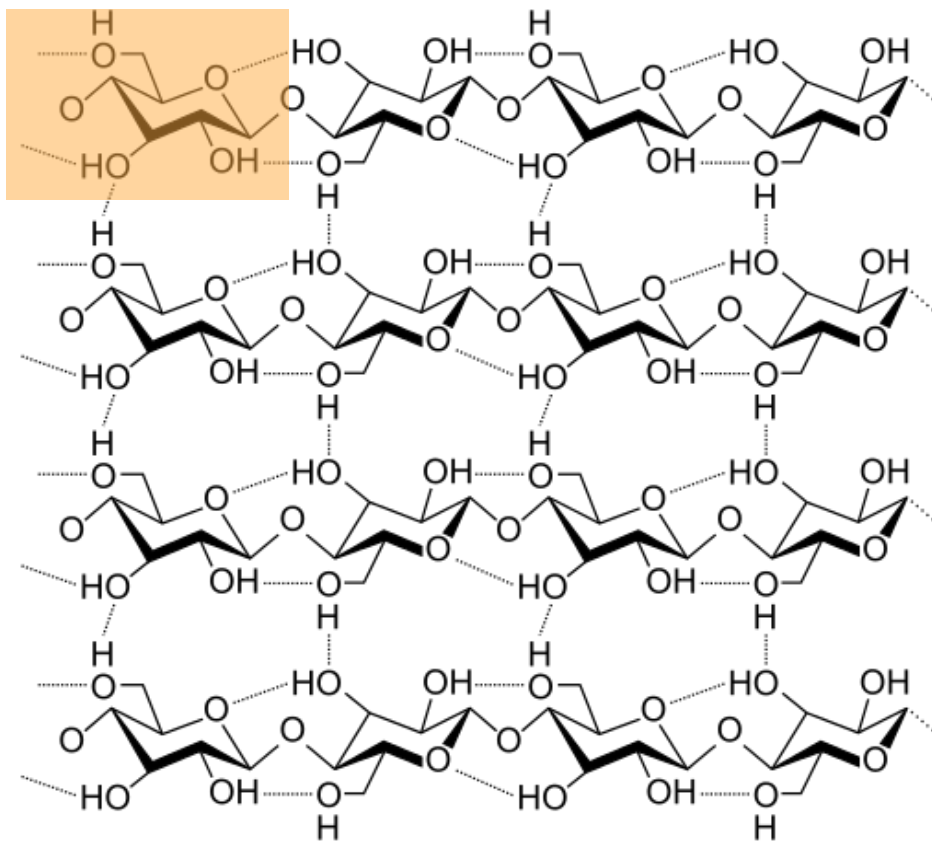
- Explain how a change in a monomer can affect the polymer that it is part of.

🔑 The function of biological molecules is determined by their structure

- ... which is determined by the sequence and orientation of their monomers

Ex. Cellulose vs starch



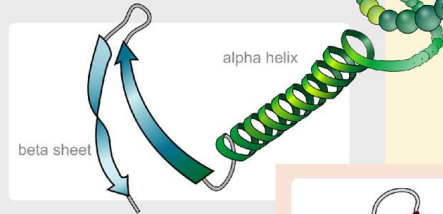
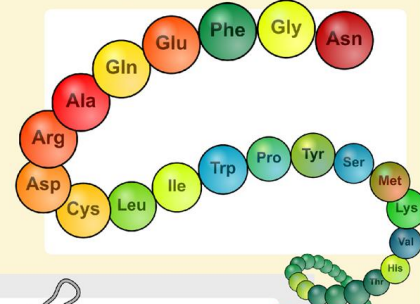


4 levels of protein structure

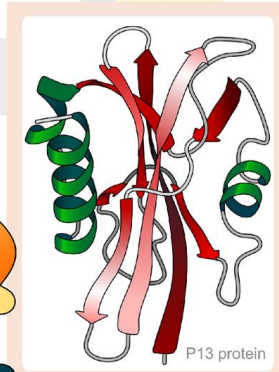
Because proteins have such complex structures, their organization is considered at 4 levels of resolution.

🔑 Each level is a result of different interactions among amino acids.

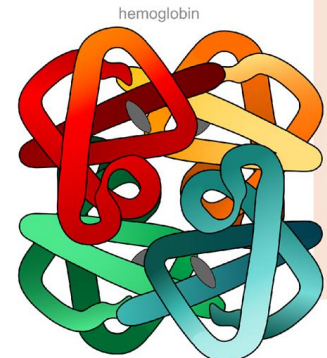
Primary structure
amino acid sequence



Secondary structure
regular sub-structures



Tertiary structure
three-dimensional structure



Quaternary structure
complex of protein molecules

Unit 1: Chemistry of Life

Main Idea: Organisms pass genetic information on to the next generation



Be able to:

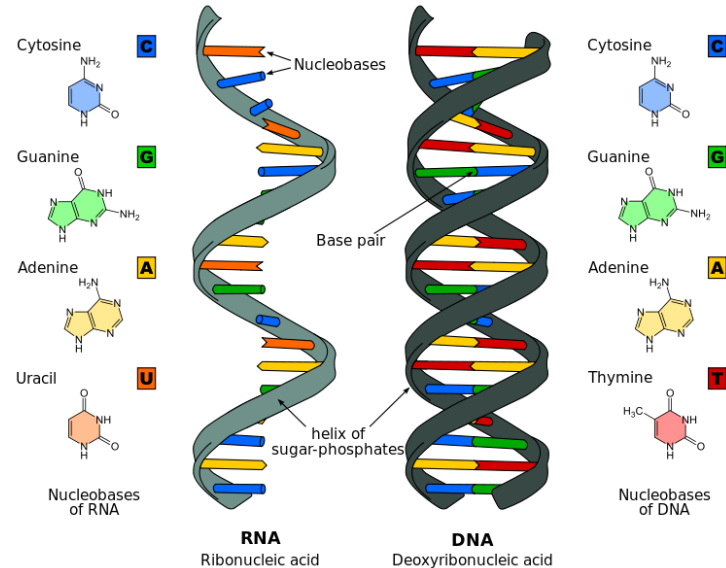
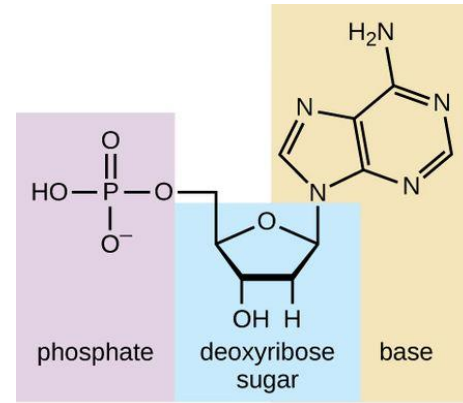
- Compare and contrast the structure and function of DNA and RNA

Nucleic acid structure

Each nucleotide has:

- a five-carbon sugar (deoxyribose or ribose)
- a phosphate
- a nitrogen base
 - adenine, thymine, guanine, cytosine or uracil

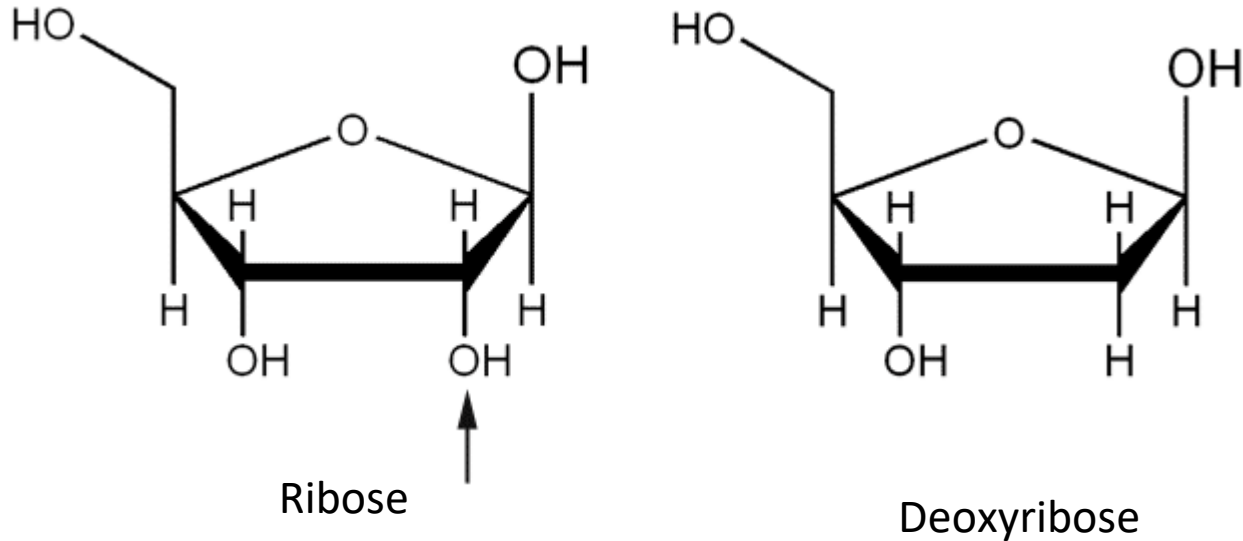
⊘ You don't need to memorize the structures of the different nucleotides outside of knowing which are purines/pyrimidines and the number of hydrogen bonds they form





DNA vs. RNA

1. DNA sugar is **deoxyribose**, RNA is **ribose**.





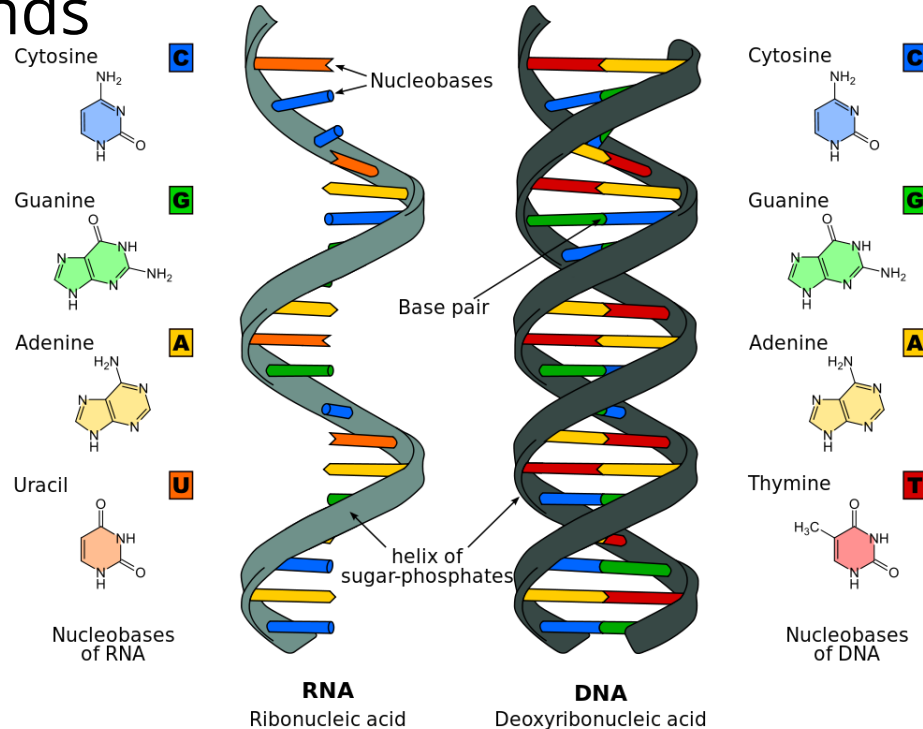
DNA vs. RNA

RNA = AUCG

DNA = ATCG

RNA = 1 Strand
strands

DNA = 2



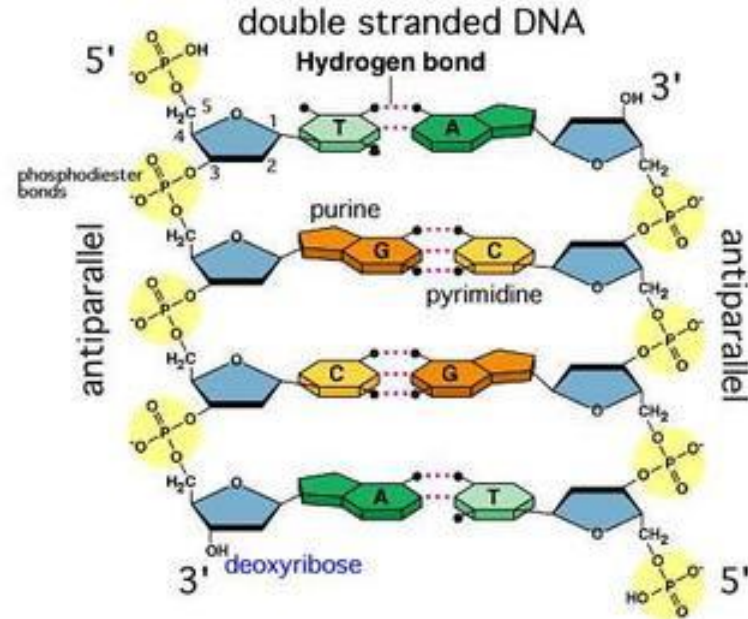


Nucleic Acid Directionality

3' end = hydroxyl group

5' end = phosphate

2 strands are
"antiparallel" in
orientation.



Unit 1 Quizizz Game Codes



1.1: 5712 3747

1.2: 2042 3587

1.3: 5135 6579

1.4: 1570 4995

1.5: 5659 9459

1.6: 5455 1459

Compiled: 2794 6283

Unit 2: Cell Structure and Function

Main Idea: Living systems are organized into a hierarchy



Be able to:

- Describe the structure and function of organelles
- Explain how organelles and other structures contribute to cell function
 - Especially the ones that capture and store energy

Nucleus

Structure:

- Double membrane (nuclear envelope) with pores

Functions:

- Stores genetic information (DNA)
- Synthesis of RNA
- Ribosome subunit assembly

Rough ER

Structure:

- Membrane studded with ribosomes attached to nuclear envelope

Functions:

- Site of membrane-bound protein and secreted protein synthesis
- Cell compartmentalization
- Mechanical support
- Role in intracellular transport

Smooth ER

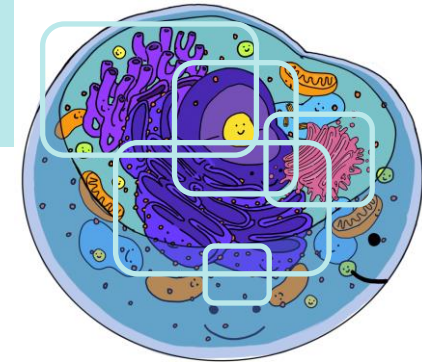
Structure:

- Folded, tubelike structure (cisternae)

Functions:

- Detoxification
- Calcium Storage
- Lipid synthesis

Cellular Organelles



Structure:

- Membrane-bound structure composed on flattened sacs (cisternae)

Functions:

- Folding and chemical modification of synthesized proteins
- Packaging protein traffic

Golgi Complex

Structure:

- Composed of rRNA and protein
- Large & small subunits
- Types: bound or free (cytoplasmic)

Functions:

- Protein synthesis

Ribosomes



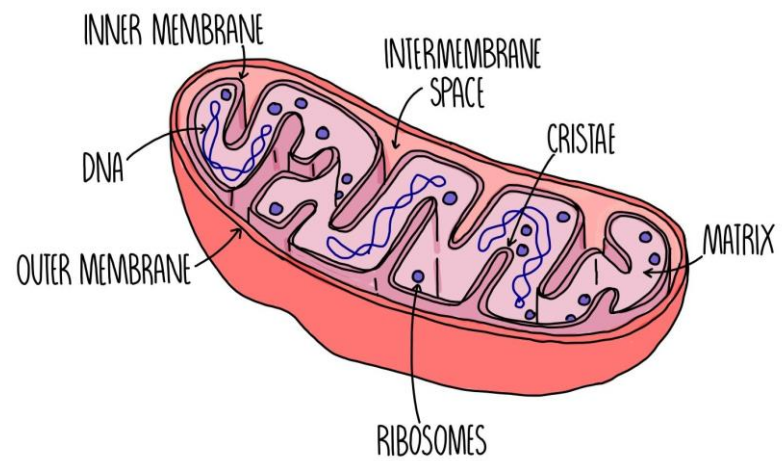
Mitochondria

Structure:

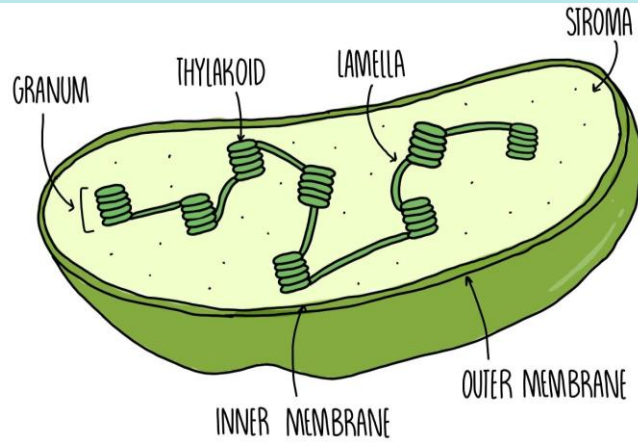
- Double membrane (outer: smooth; inner: highly folded)

Functions:

- Site of oxidative phosphorylation (cristae/inner membrane)
- Site of Krebs Cycle (matrix)



Cellular Organelles



Structure:

- Double outer membrane (thylakoid sac stacked: grana and fluid: stroma)

Functions:

- Site of photosynthesis
- Thylakoid: Light Reactions
- Stroma: Calvin-Benson Cycle

Chloroplast



Mitochondria

Structure:

- Double membrane
(outer: smooth; inner: highly folded)

Functions:

- Site of oxidative phosphorylation
(cristae/inner membrane)
- Site of Krebs Cycle (matrix)

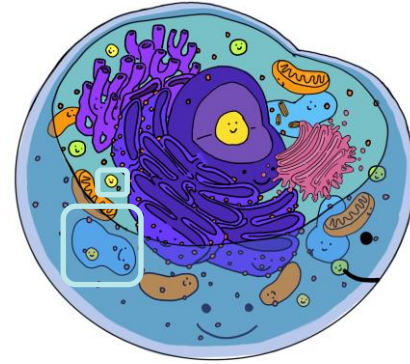
Lysosome

Structure:

- membrane-enclosed sacs that contain hydrolytic enzymes

Functions:

- Intracellular digestion (recycle cell organic materials & programmed cell death: apoptosis)



Cellular Organelles

Structure:

- membrane-bound sac

Functions:

- storage and release of macromolecules and cellular waste products
- Central: water retention – turgor pressure
- Contractile: osmoregulation (protist)
- Food: phagocytosis, fuse with lysosome

Vacuole

Structure:

- Double outer membrane (thylakoid sac stacked: grana and fluid: stroma)

Functions:

- Site of photosynthesis
- Thylakoid: Light Reactions
- Stroma: Calvin-Benson Cycle

Chloroplast



Unit 2: Cell Structure and Function

Main Idea: Living things are constantly exchanging matter and energy with the environment

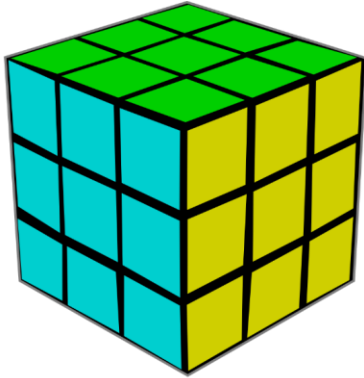


Be able to:

- Explain why smaller cells are more efficient due to their surface-area-to-volume ratio
- Explain the special structures that organisms use to increase their efficiency

Surface area-to-volume ratios affect diffusion across the membrane

🔑 As cells increase in volume, the relative surface area decreases.



sides = 3
surface = $3^2 \times 6 = 54$
volume = $3^3 = 27$

surface/volume = 2



sides = 2
surface = $2^2 \times 6 = 24$
volume = $2^3 = 8$

surface/volume = 3



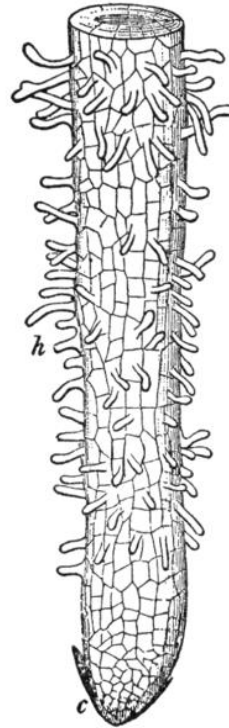
sides = 1
surface = $1^2 \times 6 = 6$
volume = $1^3 = 1$

surface/volume = 6

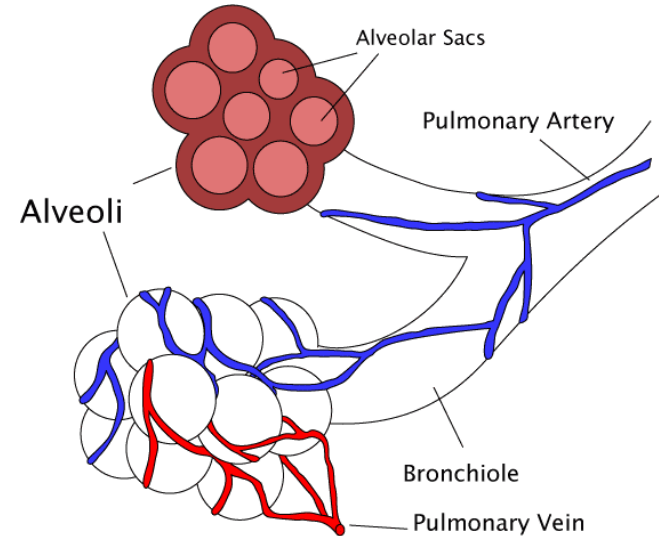
The surface area of the plasma membrane must be large enough to adequately exchange materials

- smaller cells have a more favorable surface area-to-volume ratio for exchange of materials with the environment.
- More complex cells are larger and demand more resources
- Solution: specialized cellular structures

root hairs



alveoli



Unit 2: Cell Structure and Function

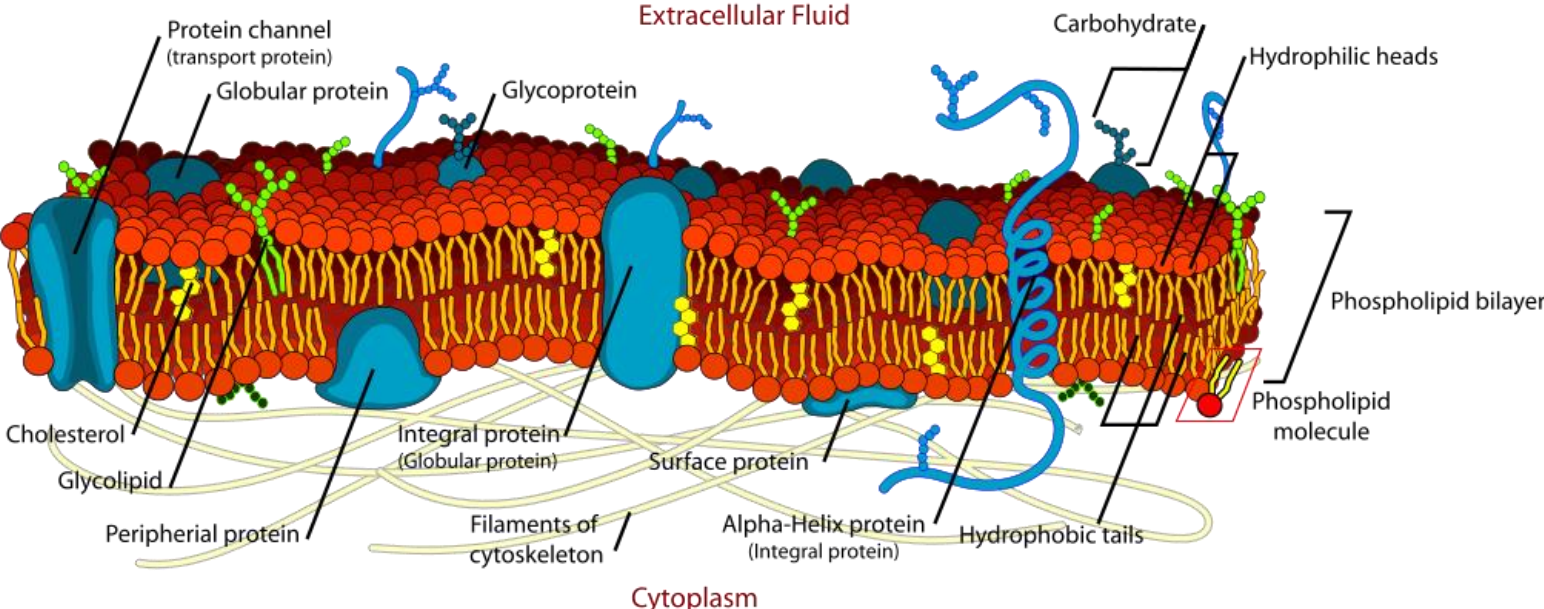
Main Idea: The cell membrane separates the inside of the cell from the environment



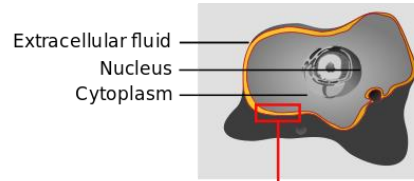
Be able to:

- Explain role phospholipids and proteins play in the cell membrane
- Describe the fluid mosaic model

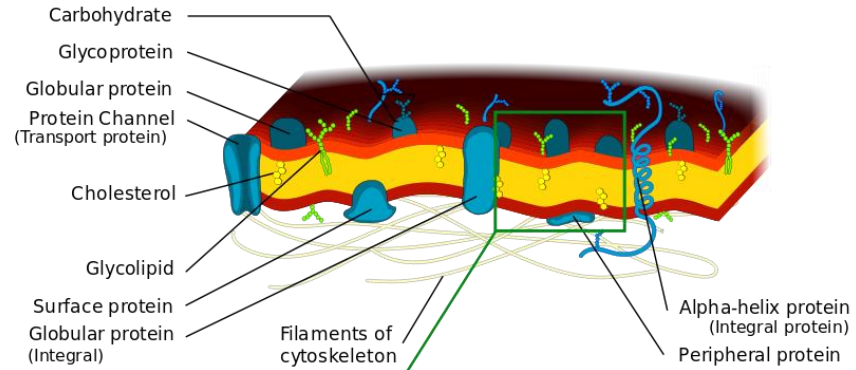
Cell membranes separate the internal environment from the external environment



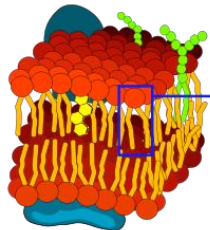
Cell



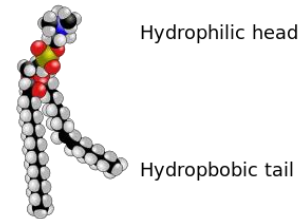
Cell membrane



Phospholipid bilayer

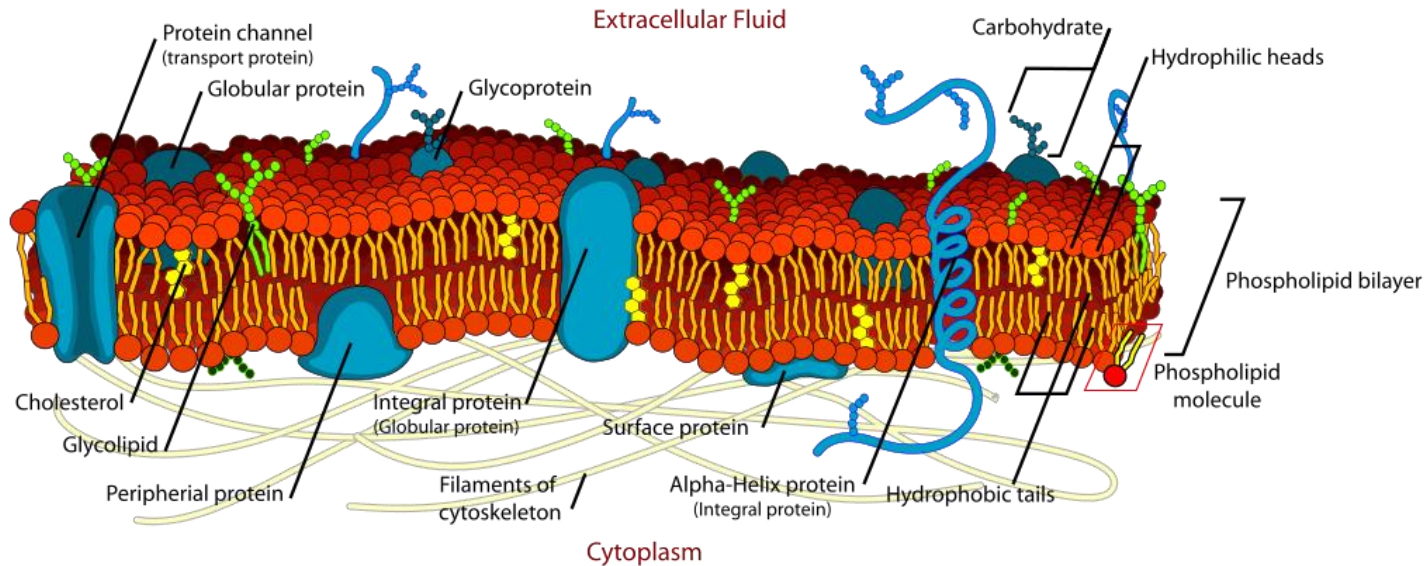


Phospholipid (Phosphatidylcholine)



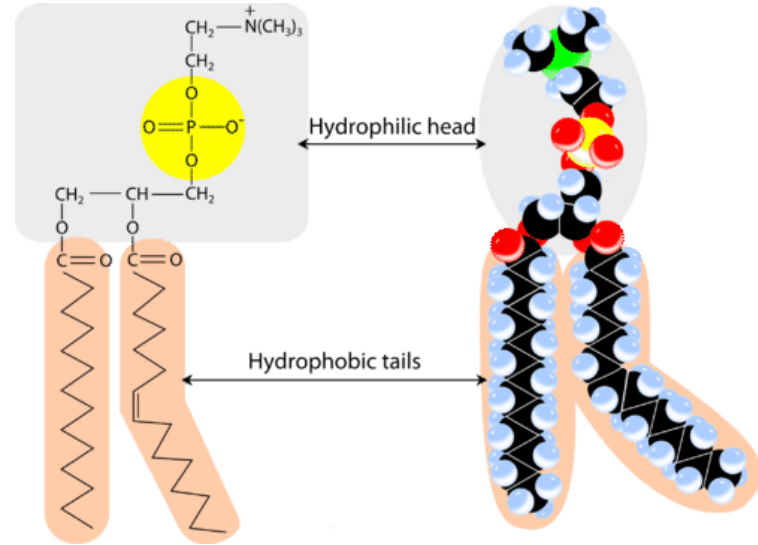
Selective permeability is a direct consequence of membrane structure

Fluid mosaic model - phospholipids slide around each other and are embedded with proteins



Structural framework of the membrane

- **phospholipid molecules**
 - glycerol attached to a phosphate and two carbon chains
 - amphipathic
- **embedded proteins**
 - can span membrane or face one side
- **cholesterol**
 - adds structure, decreases fluidity
- **glycoproteins and glycolipids**
 - carbohydrate bound to a protein (or lipid)
 - uses include signaling, structure, and protection



Unit 2: Cell Structure and Function

Main Idea: The cell membrane separates the inside of the cell from the environment

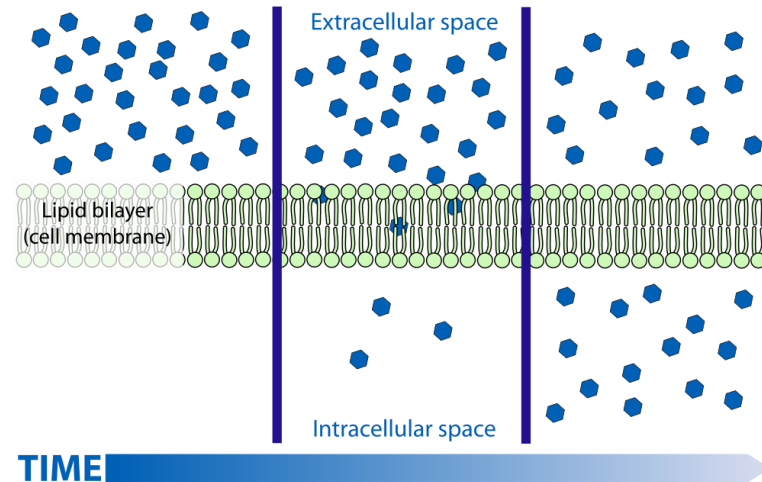


Be able to:

- Explain how concentration gradient affects the movement of molecules across the membrane
- Explain how cells move polar and charged particles across the membrane

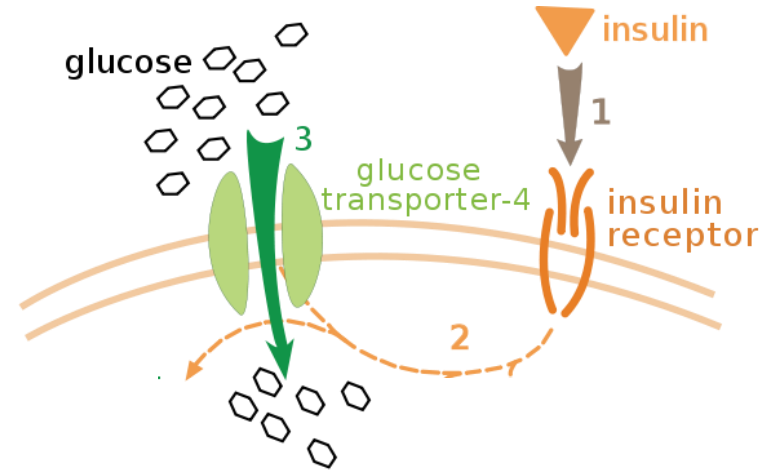
Passive transport does not require energy

- Passive transport
 - Movement of molecules from high concentration to low concentration
 - “down” the concentration gradient
 - does not require energy
- Used for
 - Import of resources
 - ex. oxygen, water, hormones
 - Export of waste
 - ex. carbon dioxide, lactic acid



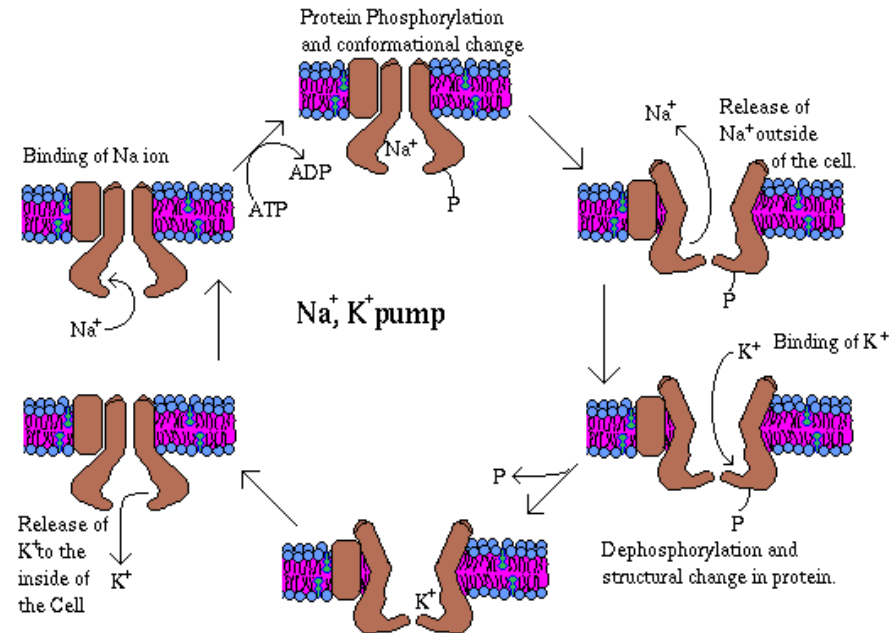
Facilitated diffusion is a type of passive transport

- Requires transmembrane proteins
 - specific to the substance that is transported
- Does not require ATP
- ex. glucose transporters



Active Transport requires energy

- Via membrane proteins
- "Up" the concentration gradient
- Requires energy
 - Usually ATP
- Polar, charged, molecules and proteins
- Example: Na^+ / K^+ pump



- The Top is the Outer membrane.
- The Bottom is the inner membrane (inside of the Cell)

Unit 2: Cell Structure and Function

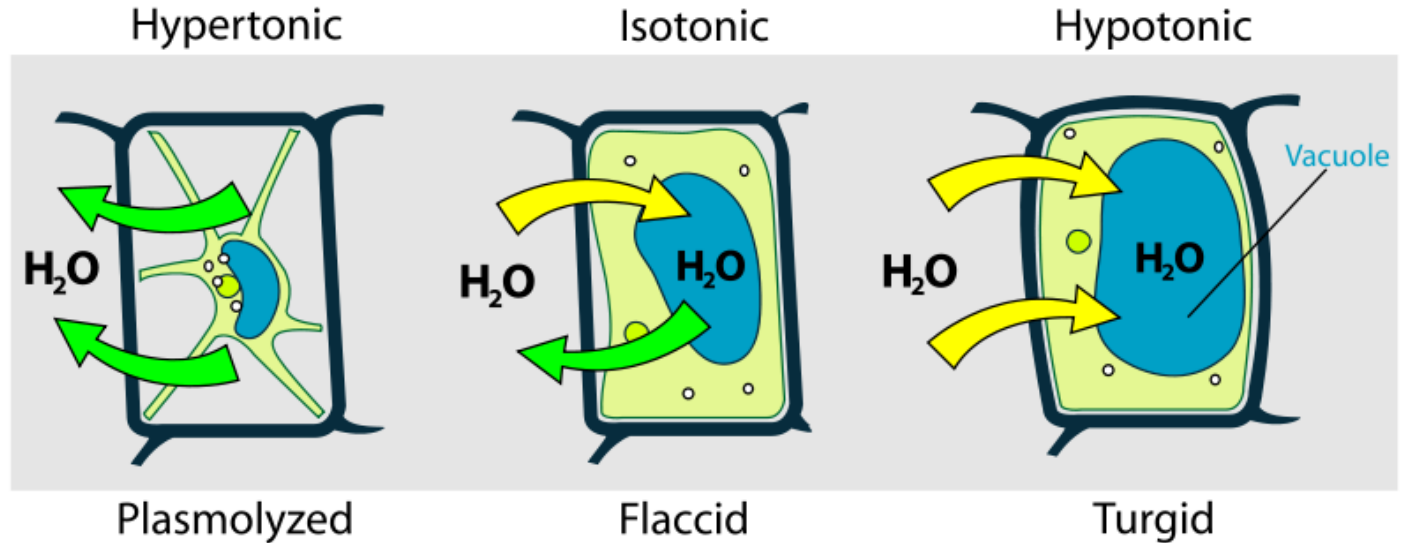
Main Idea: The cell membrane separates the inside of the cell from the environment



Be able to:

- Describe the mechanisms that cells use to:
 - Maintain water and solute balance
 - Move large molecules across the membrane
- Use the structure of a molecule to predict if/how it will pass through the membrane

Osmosis



Across a membrane, water moves from areas of low solute concentration, to areas of high solute concentration

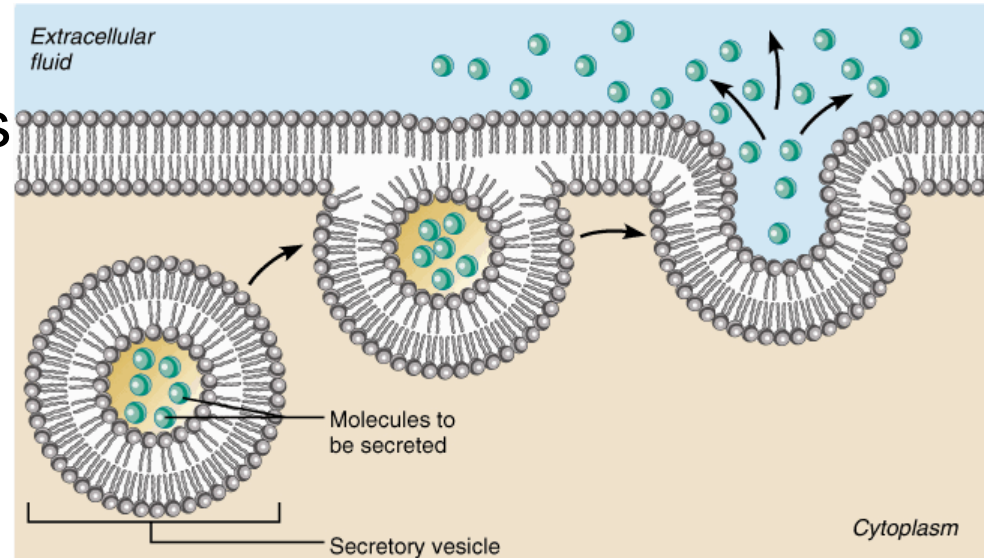
Endocytosis and exocytosis move large molecules

Exocytosis

- Movement of large molecules out of the cell
- Internal vesicles fuse with the plasma membrane
- Ex. Neurotransmitters

Endocytosis

Movement of large molecules into the cell



Unit 2 Quizizz Game Codes



2.1: 2661 1043
2.2: 0563 9523
2.3: 2241 6739
2.4: 3080 5347
2.5: 0354 2371
2.6: 0773 6675

2.7: 2451 3891
2.8: 6645 6931
2.9: 6645 6931
2.10: 6645 6931
2.11: 0511 5235

Compiled:
3641 0155

Unit 3: Cellular Energetics

Main Idea: Living things are constantly exchanging matter and energy with the environment



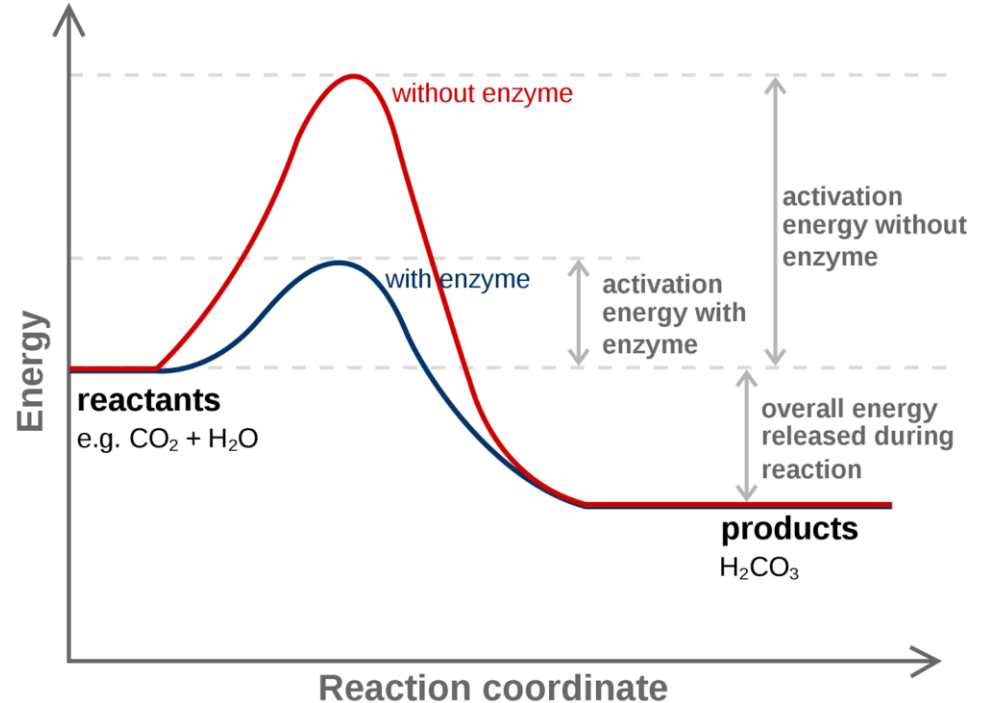
Be able to:

- Explain how enzymes increase the rate of biological reactions
- Explain how changes to the structure of an enzyme may affect its function.
- Explain how environment of the cell can affect enzyme activity

Enzymes are Catalysts

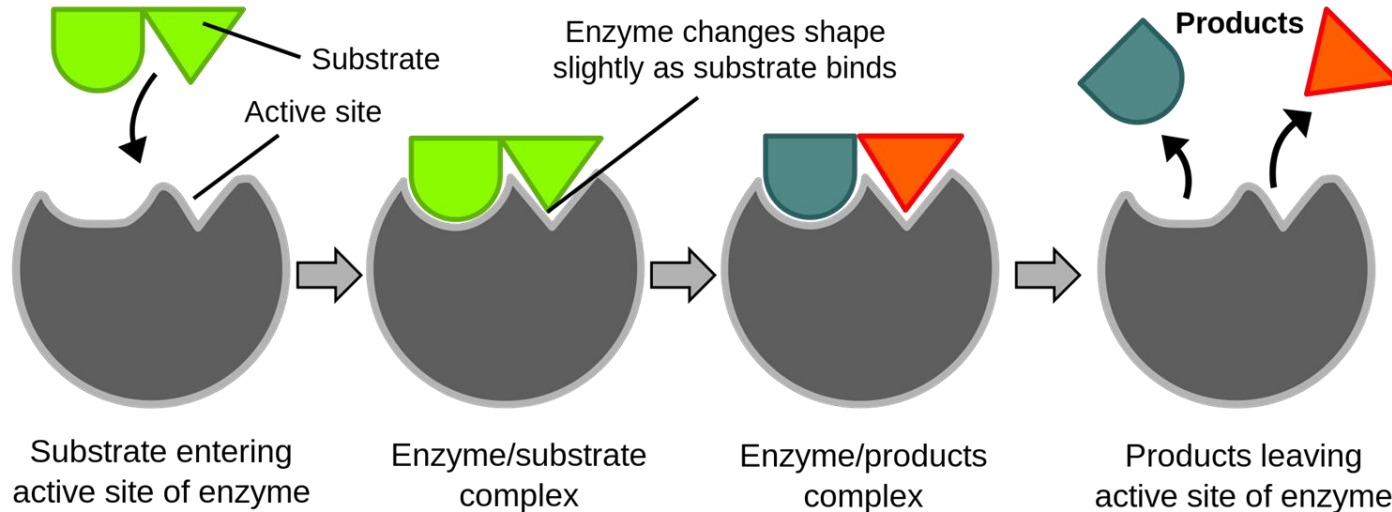
Increase rate of the reaction by lowering activation energy (E_{Δ})

- Not changed by the reaction



Enzyme action

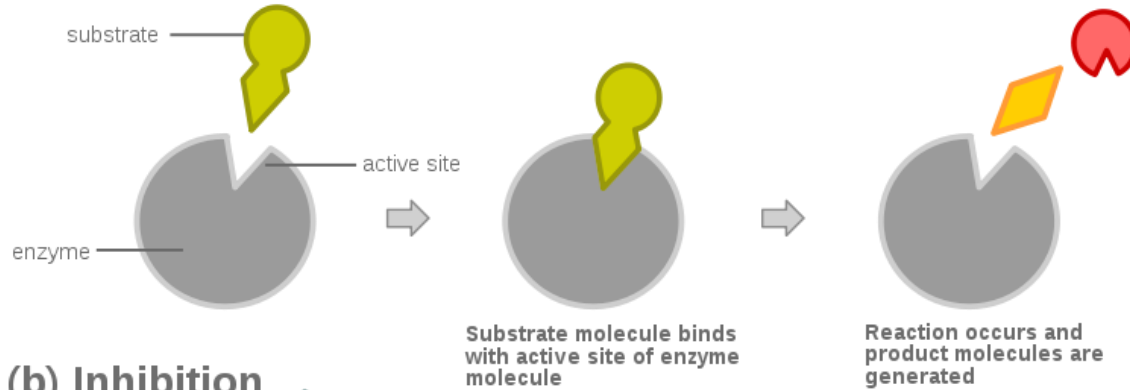
- Orient reactants to each other
 - increase chances of proper collision
- The molecule they act on is called a **substrate**
- Can combine or break down molecules



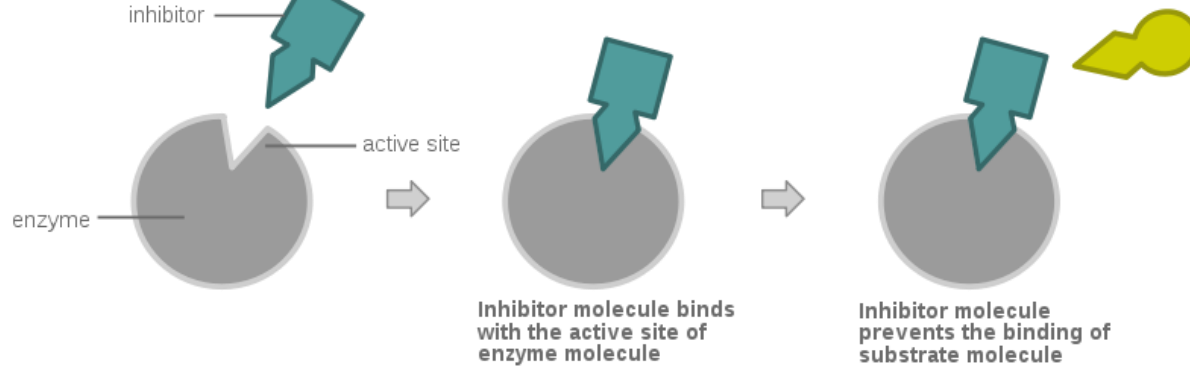
Competitive Inhibition

Inhibitor prevents binding of substrate

(a) Reaction

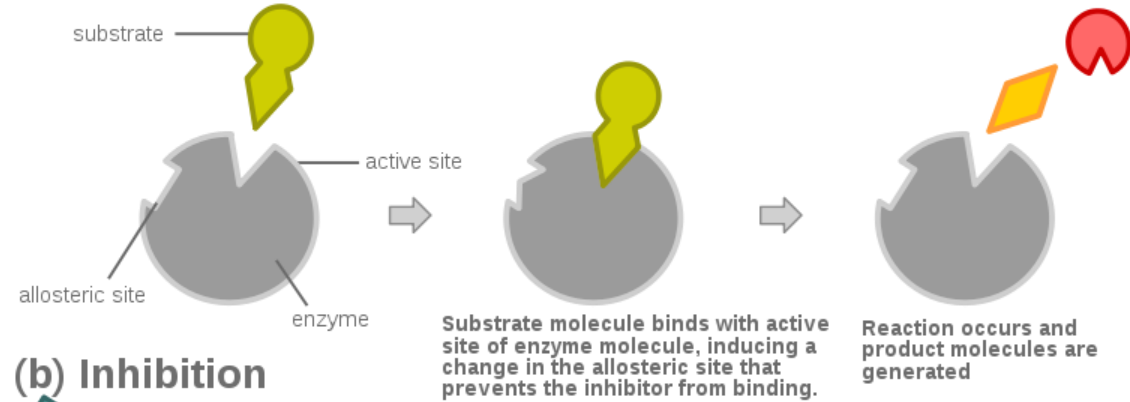


(b) Inhibition

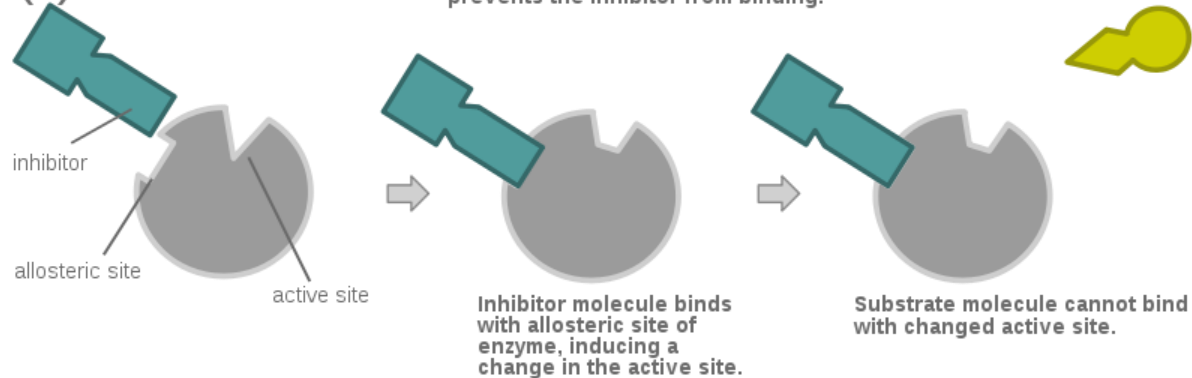


Allosteric inhibition causes a conformational change in the enzyme which prevents binding of the substrate

(a) Reaction



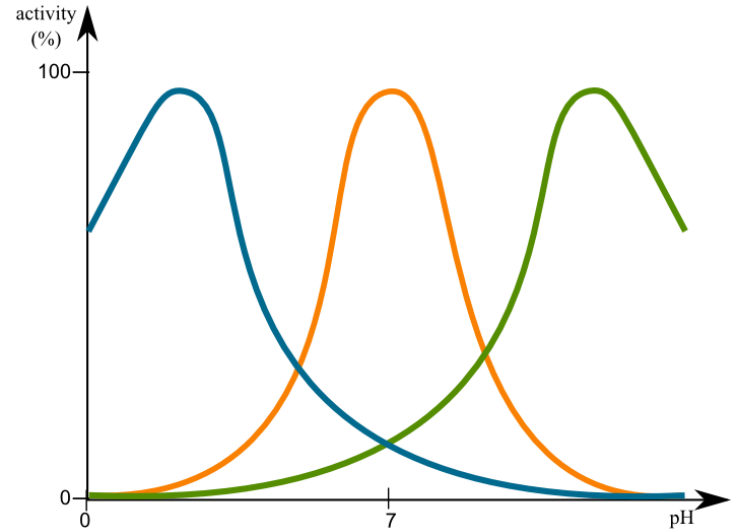
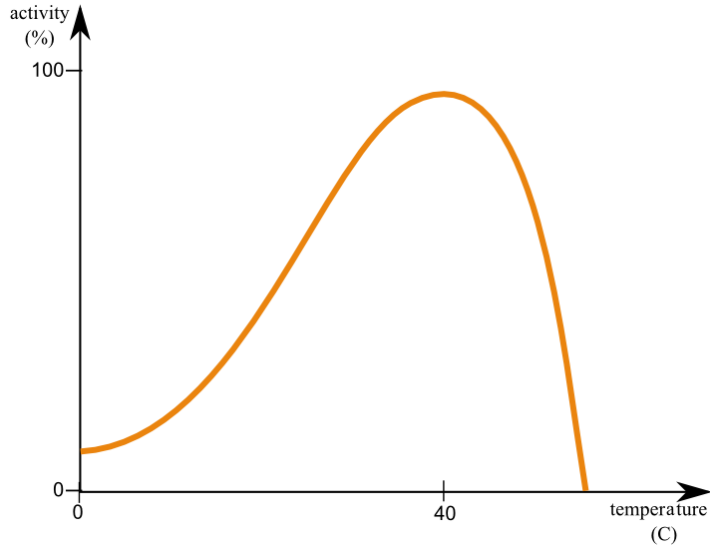
(b) Inhibition



Environmental Influences on Enzyme Function

Enzymes are (usually) proteins

- The local environment can affect the shape of the enzyme, which will affect its function.
- Ex. Temperature and pH



Unit 3: Cellular Energetics

Main Idea: Living things are constantly exchanging matter and energy with the environment

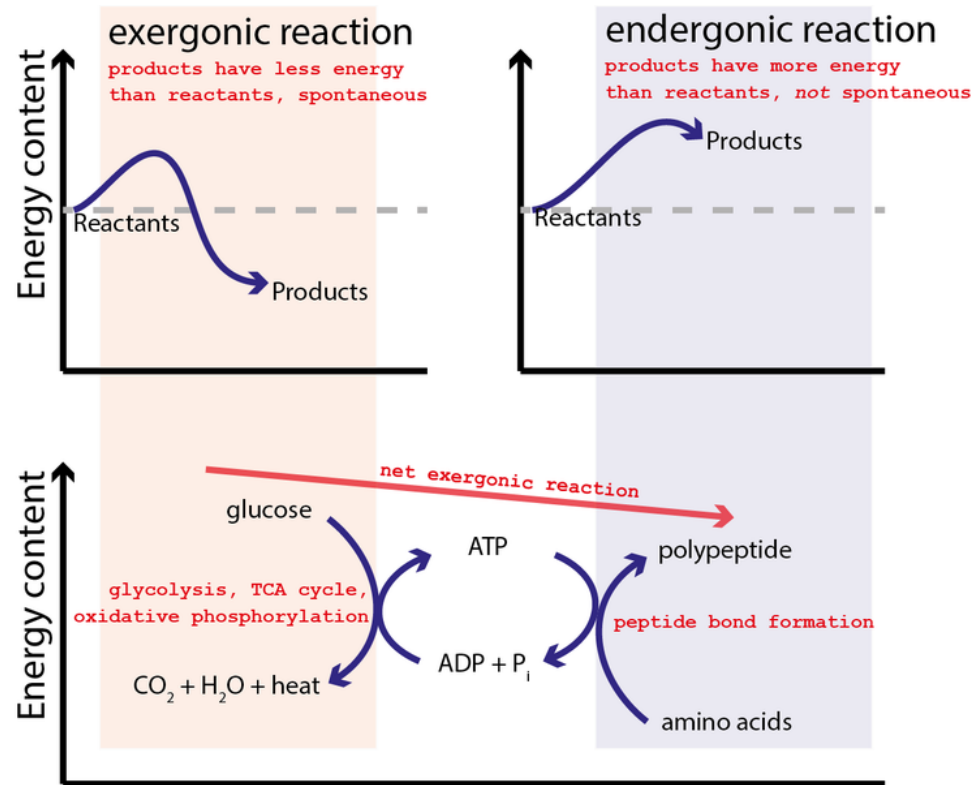


Be able to:

- Describe the role of energy in living organisms

Living systems do not violate the second law of thermodynamics

- Order is maintained by coupling cellular processes that increase entropy with those that decrease entropy
- Energetically favorable exergonic reactions can be coupled with reactions that have a positive free energy change
 - Example: $\text{ATP} \rightarrow \text{ADP}$,
 - used to maintain or increase order in a system



Unit 3: Cellular Energetics

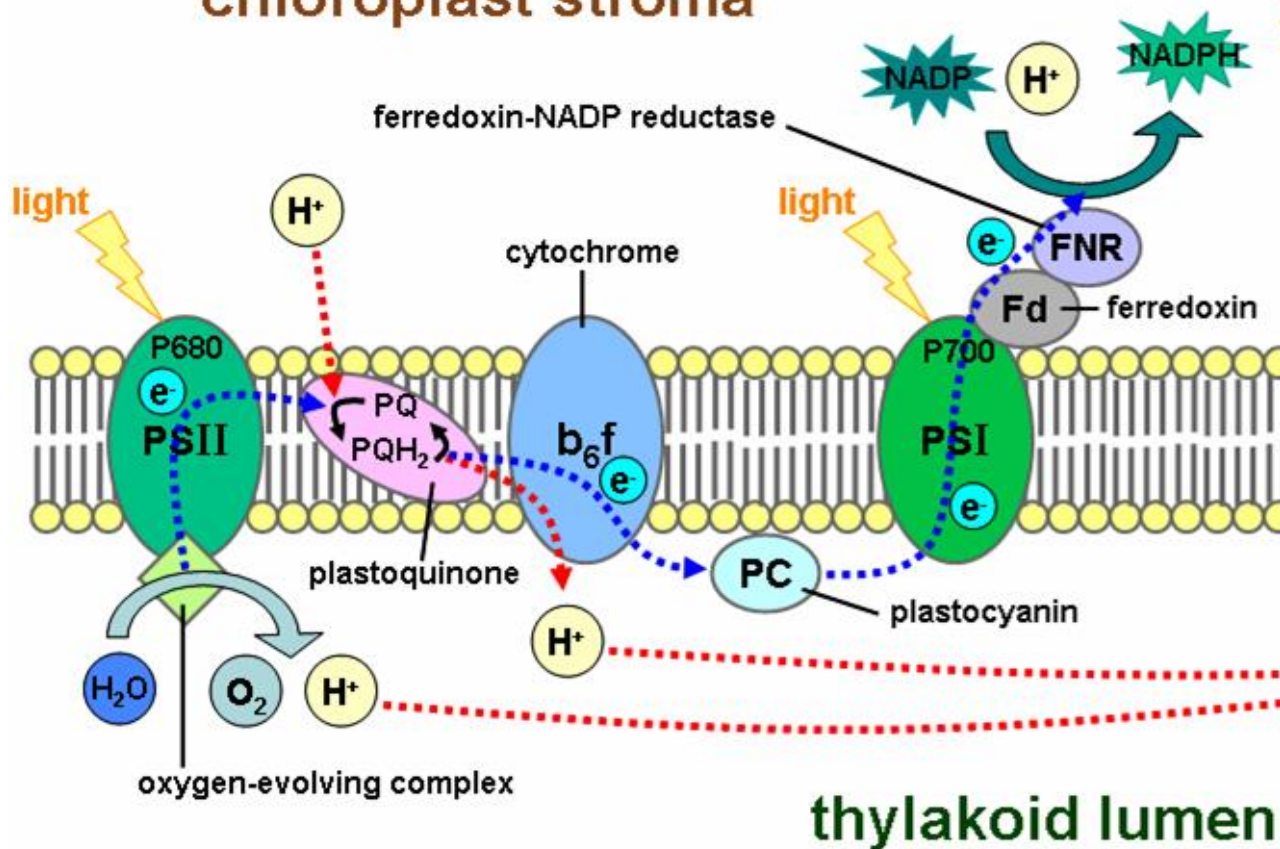
Main Idea: Living things are constantly exchanging matter and energy with the environment

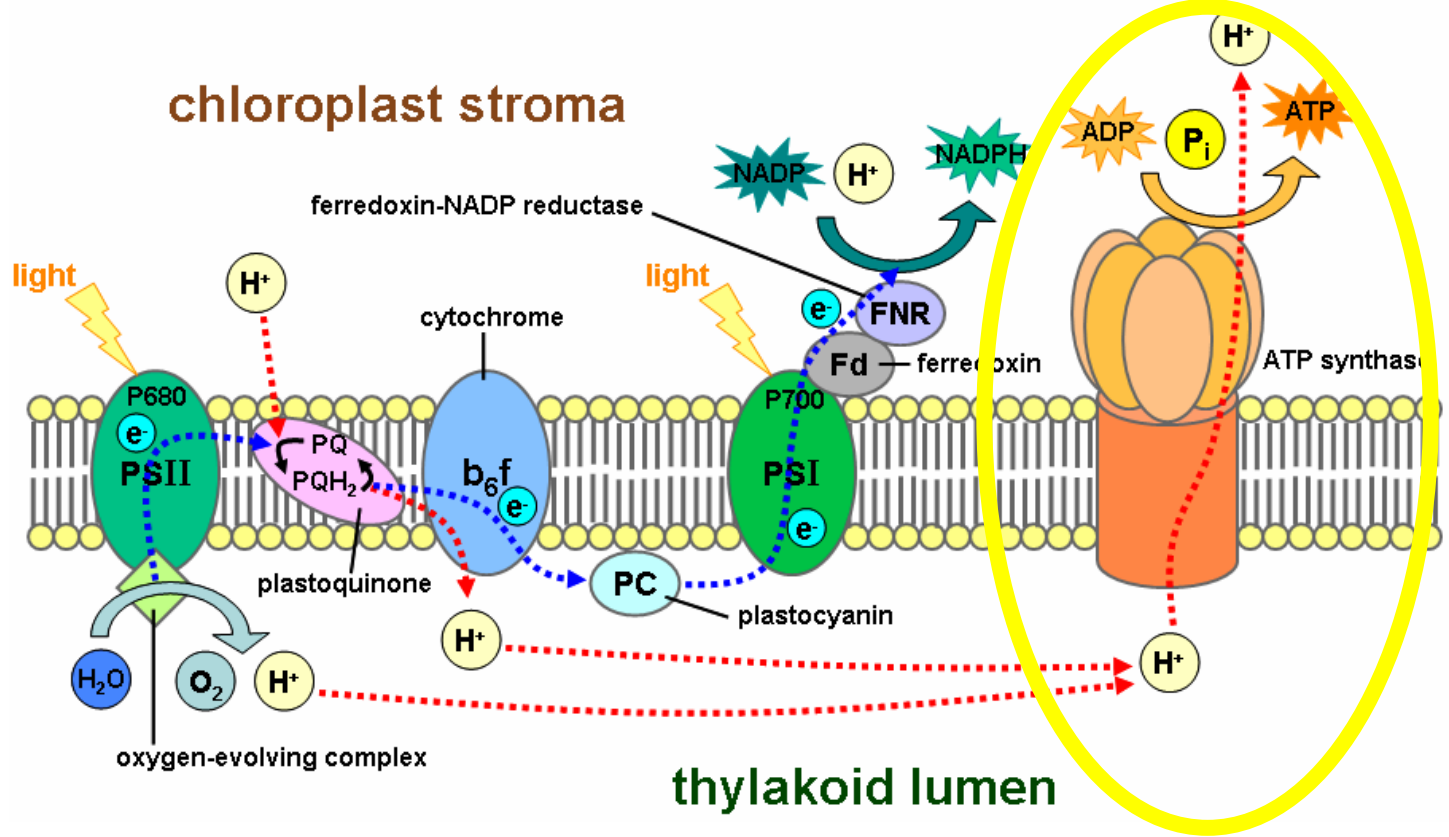


Be able to:

- Describe the processes that allow photosynthesis organisms to capture and store energy.
- Explain how cells capture energy from light and transfer it to chemical energy

chloroplast stroma

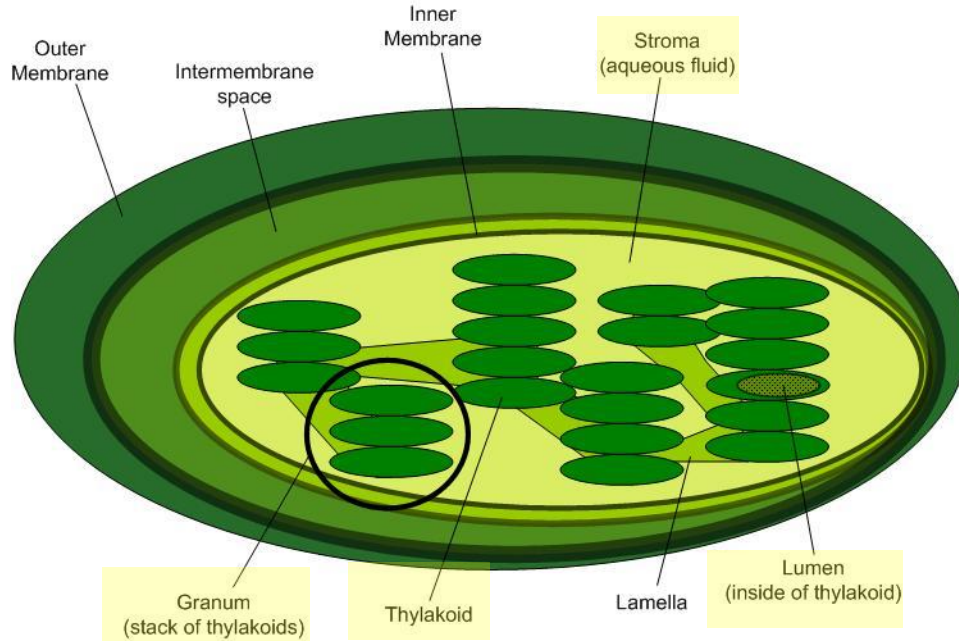




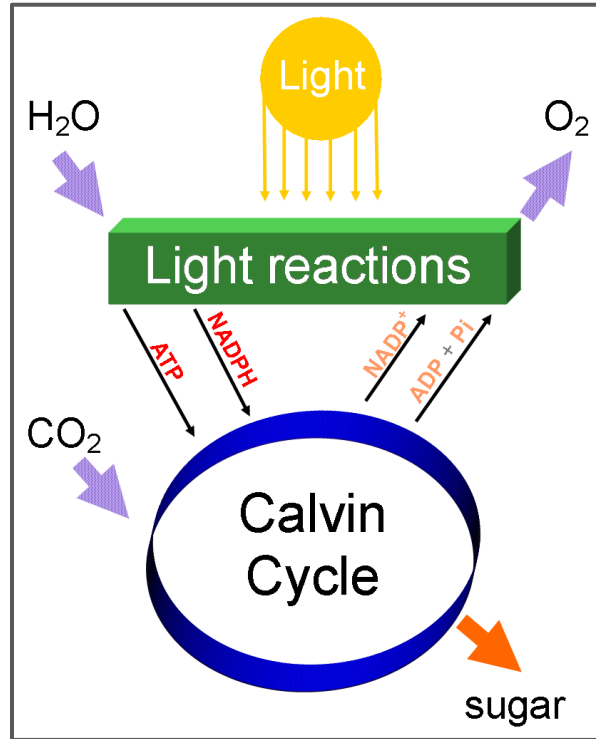
The formation of the proton gradient is a separate process, but it is linked to the synthesis of ATP via ATP synthase

The Calvin cycle

- Occurs in the stroma of the chloroplast
- Produces carbohydrates from CO_2
- Powered by ATP and NADPH produced during light-dependent reactions



The Calvin cycle



You don't need to memorize of the steps or the molecules in the Calvin cycle (with the exception of ATP synthase)

Unit 3: Cellular Energetics

Main Idea: Living things are constantly exchanging matter and energy with the environment

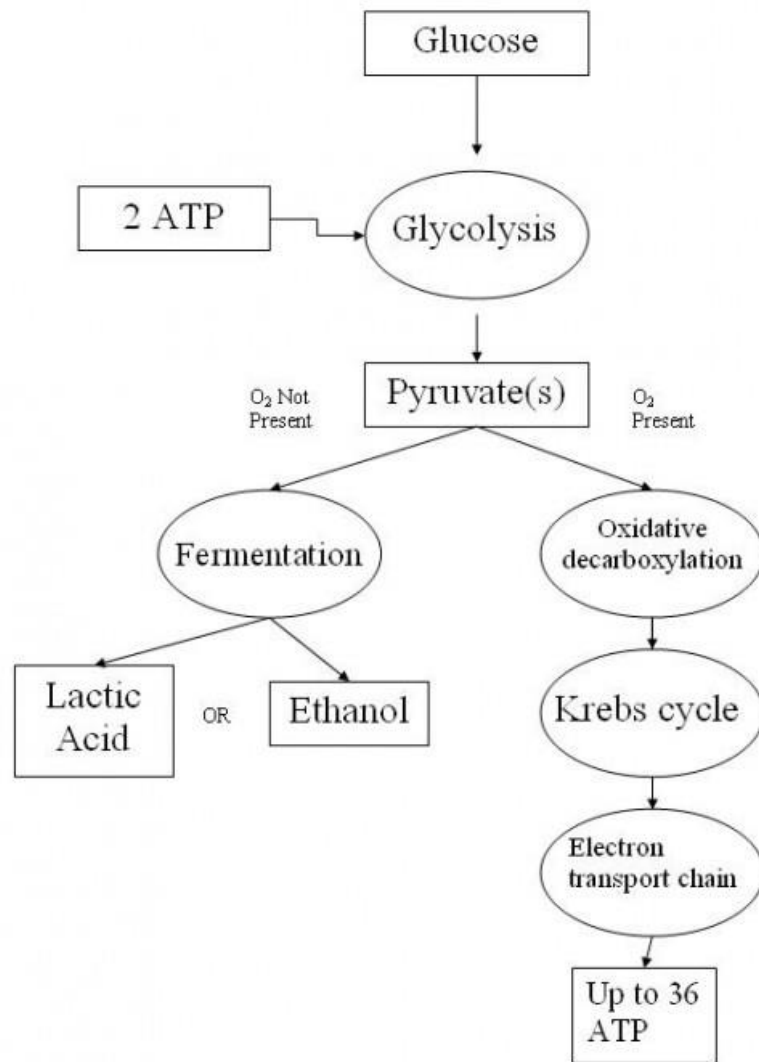


Be able to:

- Describe the processes that allow organisms to use energy stored in macromolecules.
- Explain how cells obtain energy from macromolecules and use it to power cellular functions.

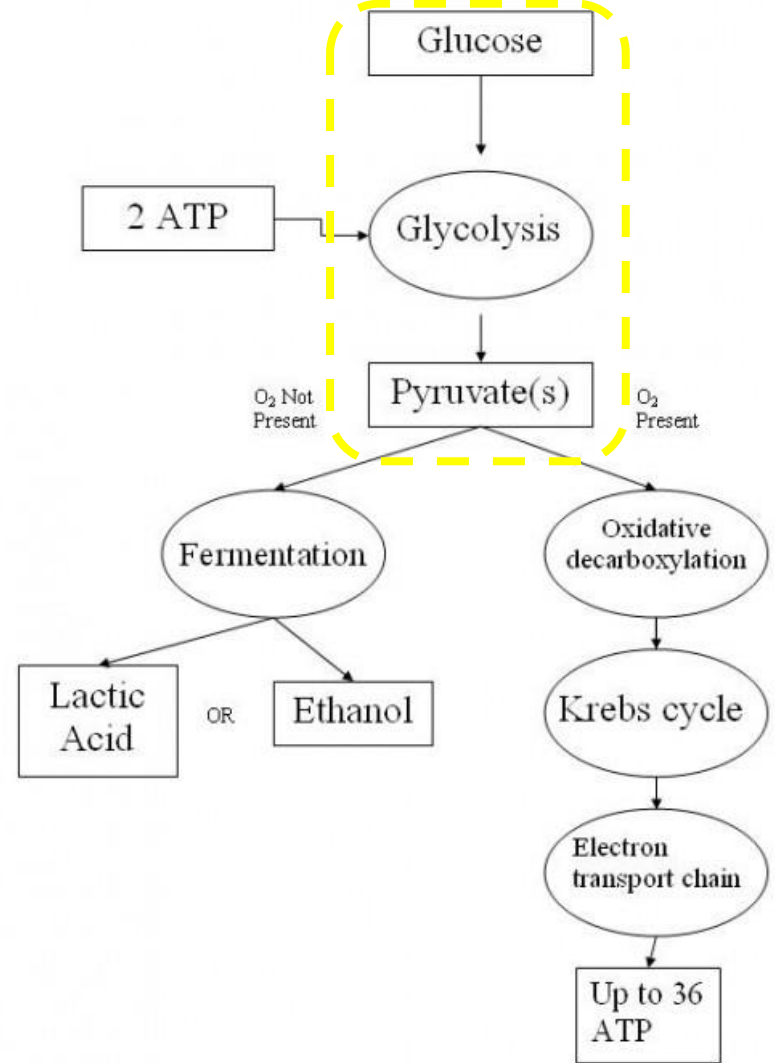
Cellular Respiration

- series of coordinated reactions
- enzyme-catalyzed
- harvests free energy from simple carbohydrates



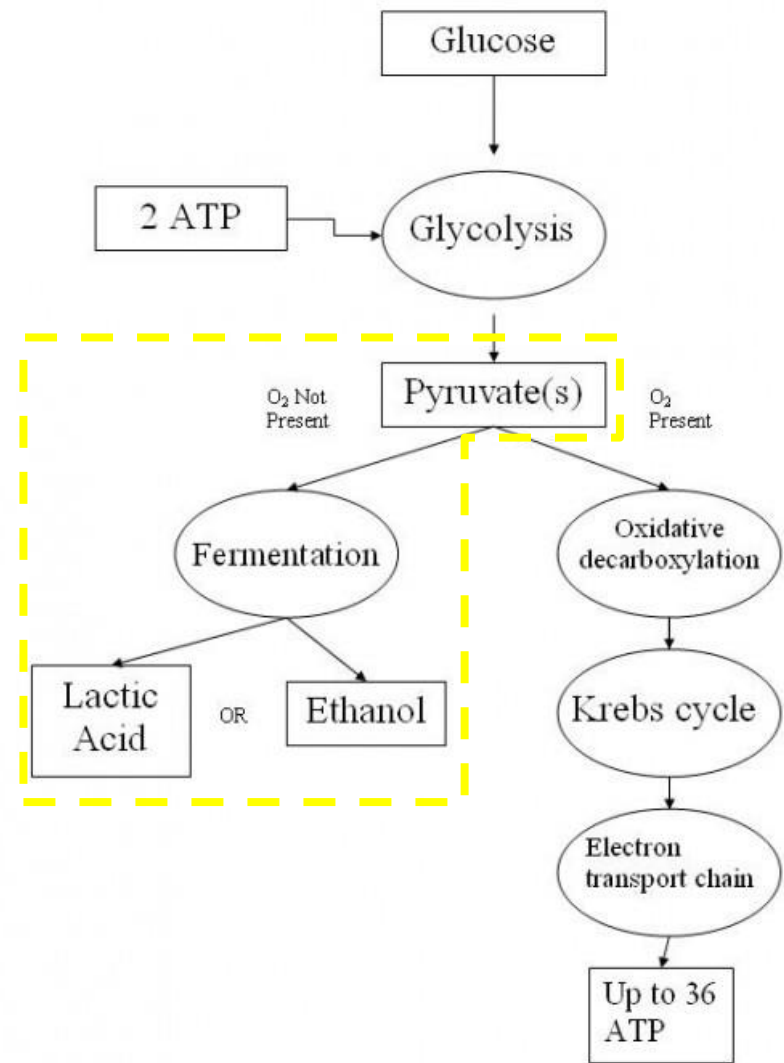
Glycolysis

- Glucose (6C) is broken into 2 pyruvate (3C)
 - energy released to form 4 ATP (net 2)
 - $\text{NAD}^+ \rightarrow \text{NADH}$
 - Occurs in cytosol of cell



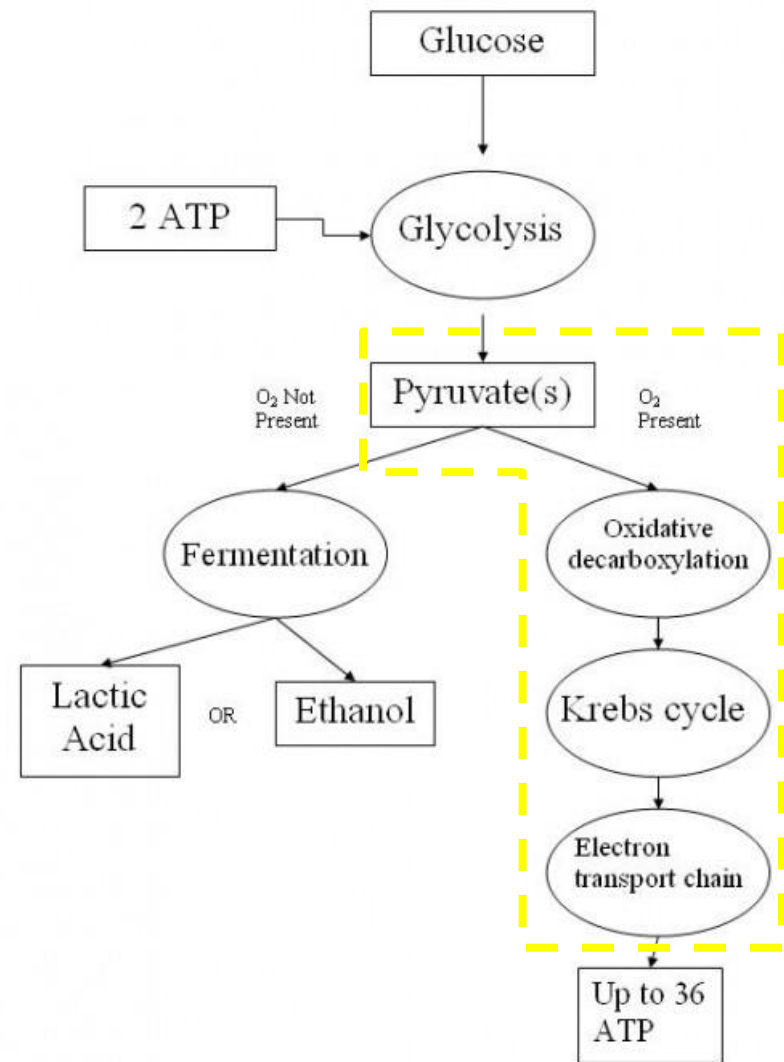
Anaerobic Respiration

- In the absence of oxygen
- regenerate NAD^+
- occurs in cytosol



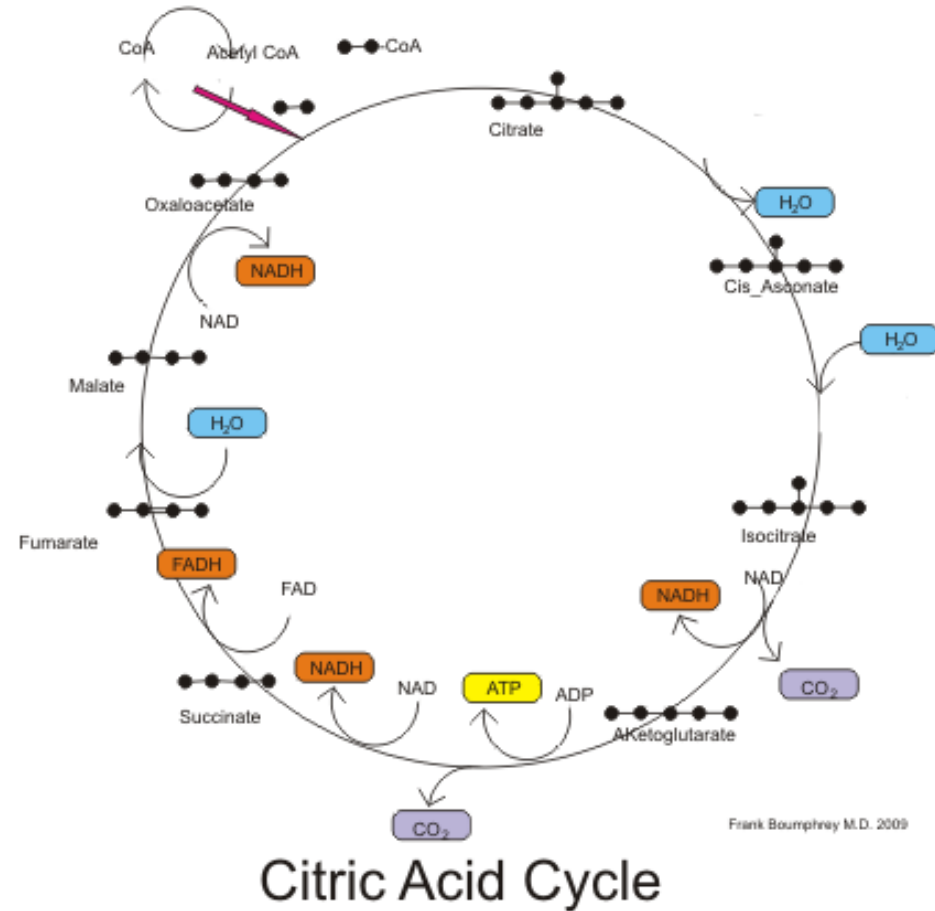
Aerobic respiration

- In the presence of oxygen
- animals, plants, fungi, protozoa, bacteria
- Occurs in mitochondria



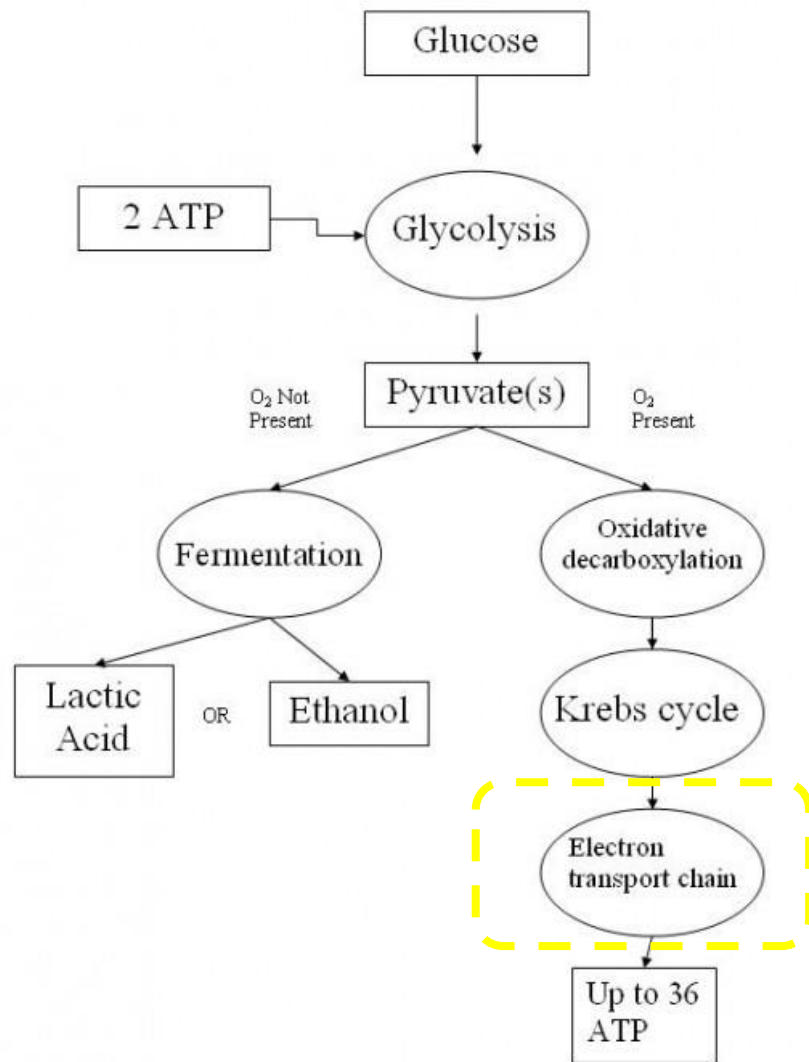
Krebs (citric acid) cycle

- CO_2 is released
- 2 ATP are synthesized
 - substrate level phosphorylation
- Electrons are extracted by NADH and FADH_2 , carried to the electron transport chain

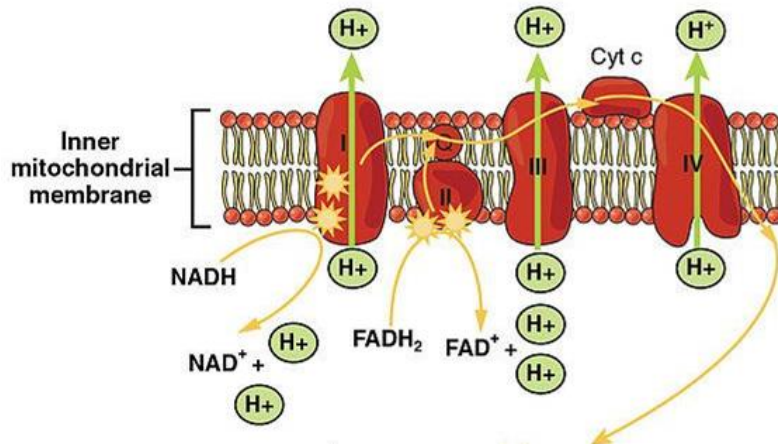


Electron transport chain

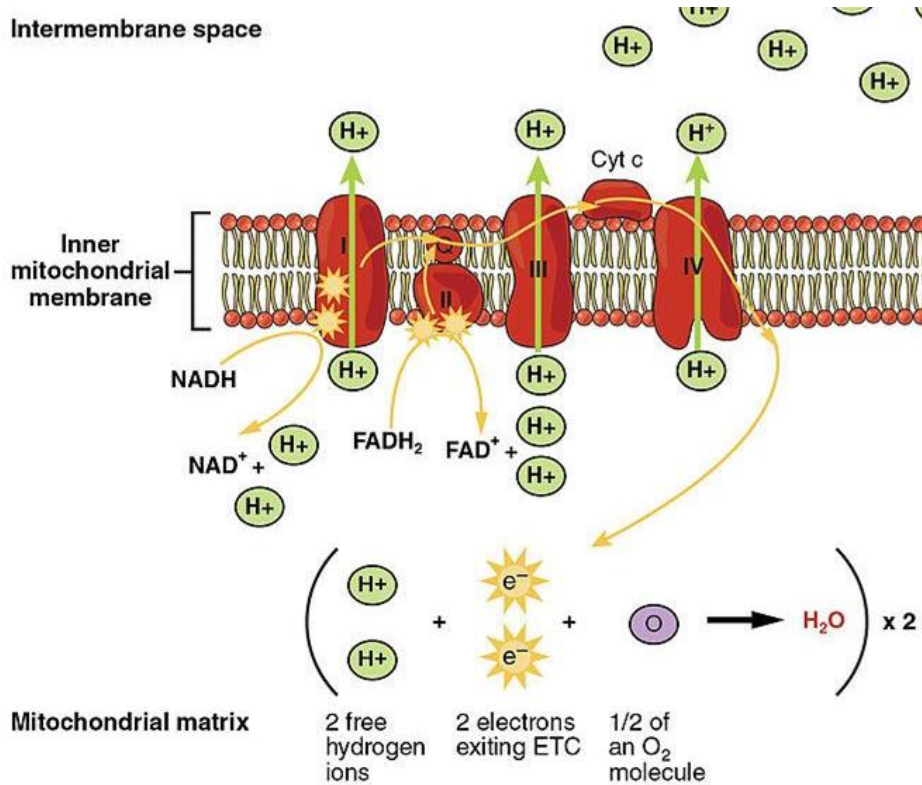
- Source of most ATP in aerobic cellular respiration



Electron Transport Chain in mitochondria

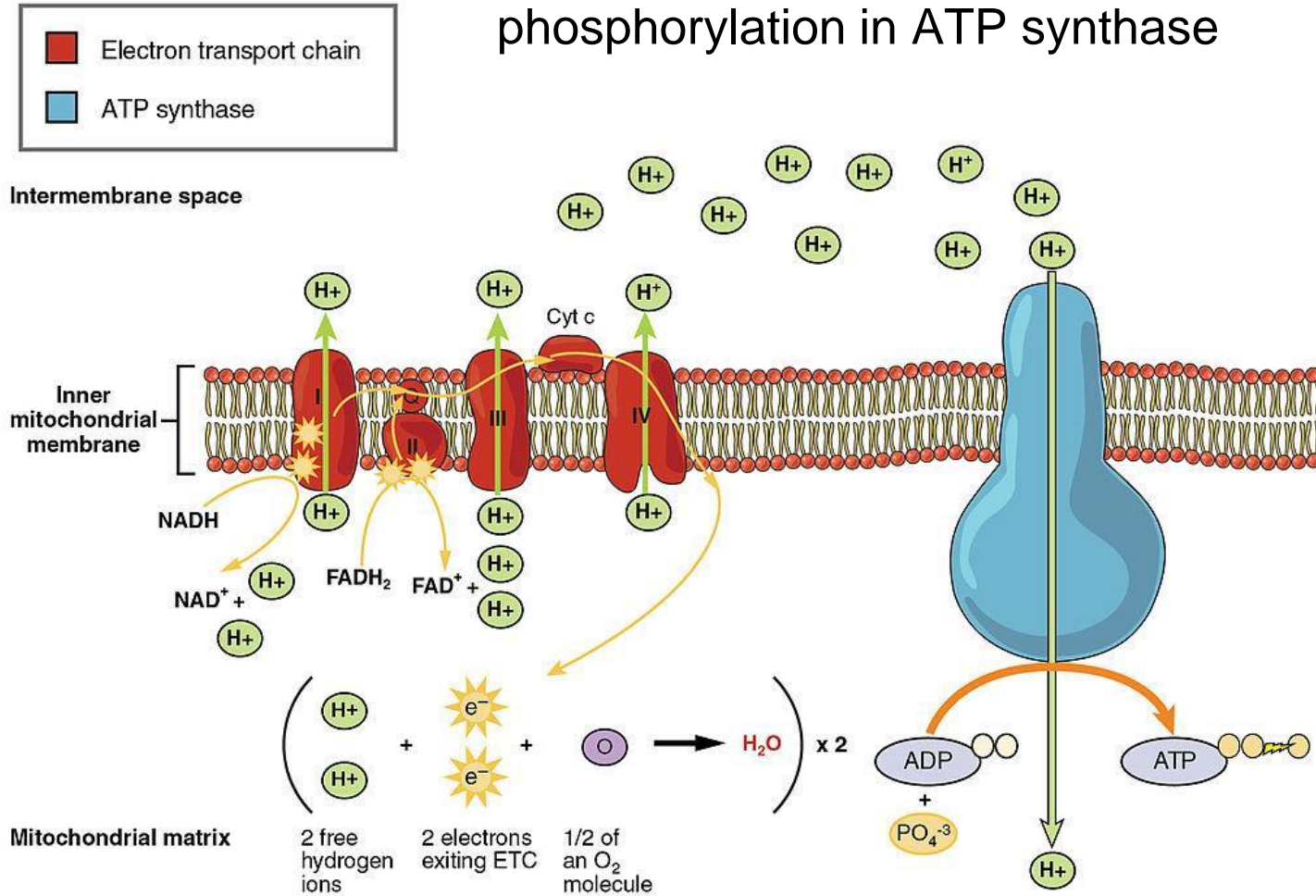


- Electrons are delivered by NADH and FADH₂ to the ETC
- Energy from the electrons are used to move protons
 - electrochemical gradient



- Oxygen is the final electron acceptor
- Water is produced

- 32 - 38 ATP are produced via oxidative phosphorylation in ATP synthase



Unit 3 Quizizz Game Codes



3.1: 0898 6211

3.2: 5197 7827

3.3: 1291 8371

3.4: 2235 5555

3.5: 6377 4307

3.6: 5014 2819

3.7: 5158 4611

Compiled: 5974 0971

Unit 4: Cell Communication and Cell Cycle

Main Idea: Cells communicate by generating, transmitting, receiving, and responding to chemical signals.



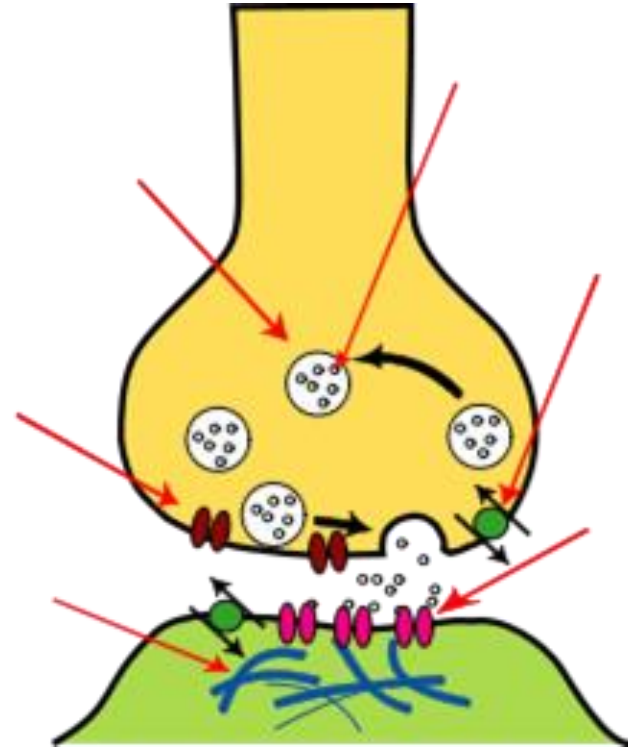
Be able to:

- Describe the ways that cells can communicate with each other
- Explain how cells communicate over short and long distances
- Describe signal transduction pathways and how they produce a cellular response

Cells communicate over short distances by using local regulators that target cells in the vicinity of the emitting cell

Called paracrine signals

Example: Neurotransmitters



Signals released by one cell type can travel long distances to target cells of another cell type

called Endocrine signals

Example: Insulin and other endocrine system signals

Hypothalamus

Thyrotropin-releasing hormone
Dopamine
Growth hormone-releasing hormone
Somatostatin
Gonadotropin-releasing hormone
Corticotropin-releasing hormone
Oxytocin
Vasopressin

Thyroid

Triiodothyronine
Thyroxine

Pineal gland

Melatonin

Pituitary Gland

Anterior pituitary

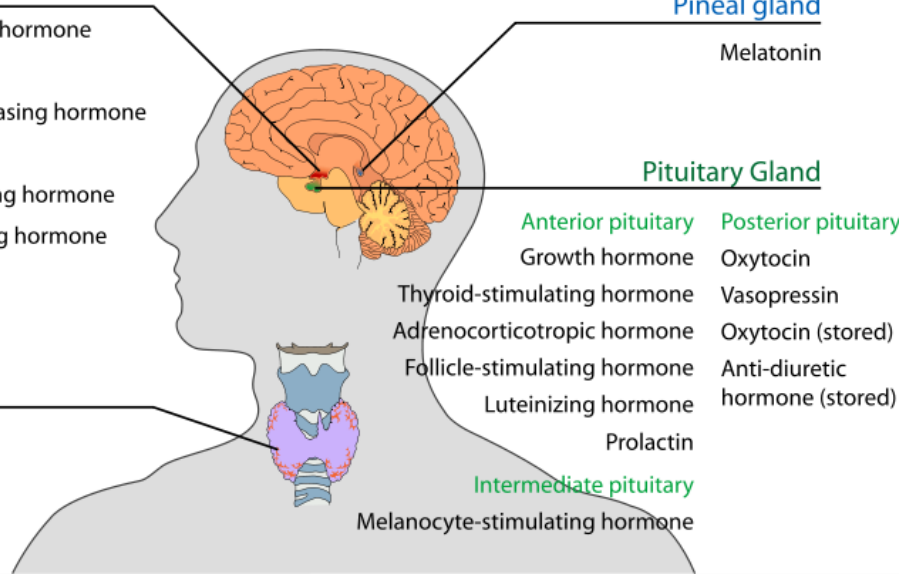
Growth hormone
Thyroid-stimulating hormone
Adrenocorticotropic hormone
Follicle-stimulating hormone
Luteinizing hormone
Prolactin

Posterior pituitary

Oxytocin
Vasopressin
Oxytocin (stored)
Anti-diuretic hormone (stored)

Intermediate pituitary

Melanocyte-stimulating hormone

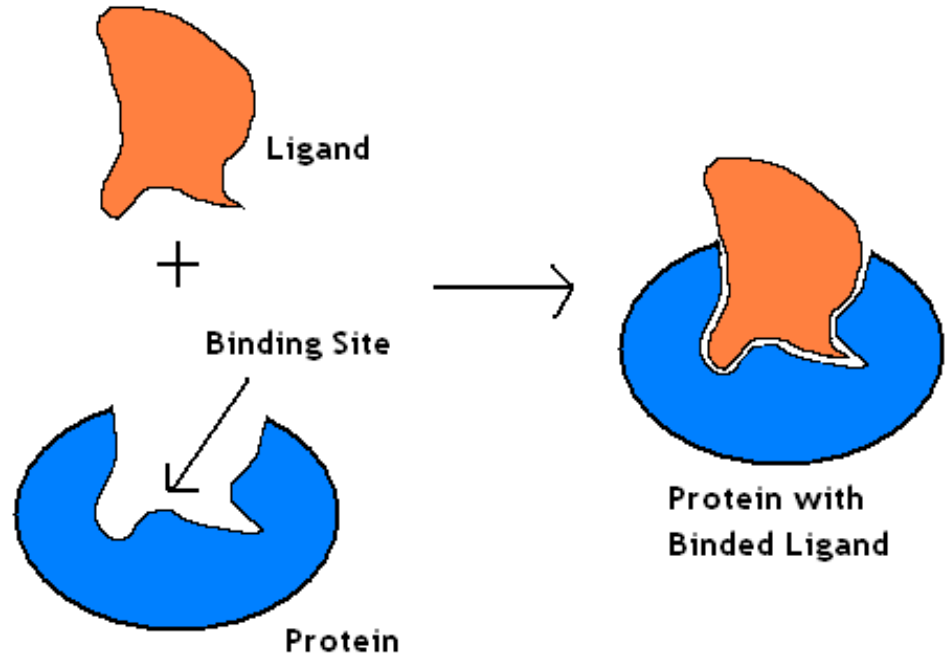


Signaling begins with a ligand

- Chemical messengers

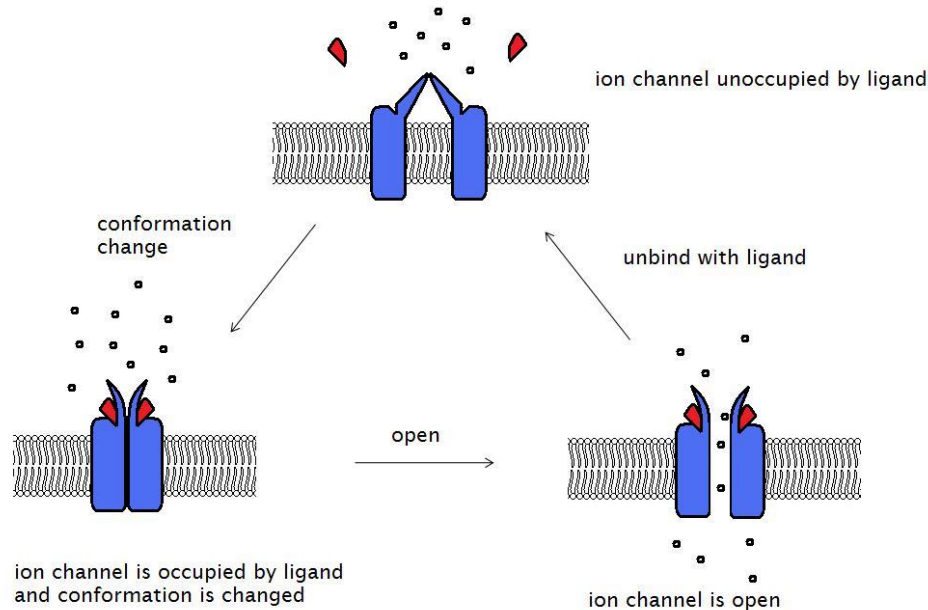
- peptides
- small chemicals
- proteins

- Specific to the receptor



Receptor protein

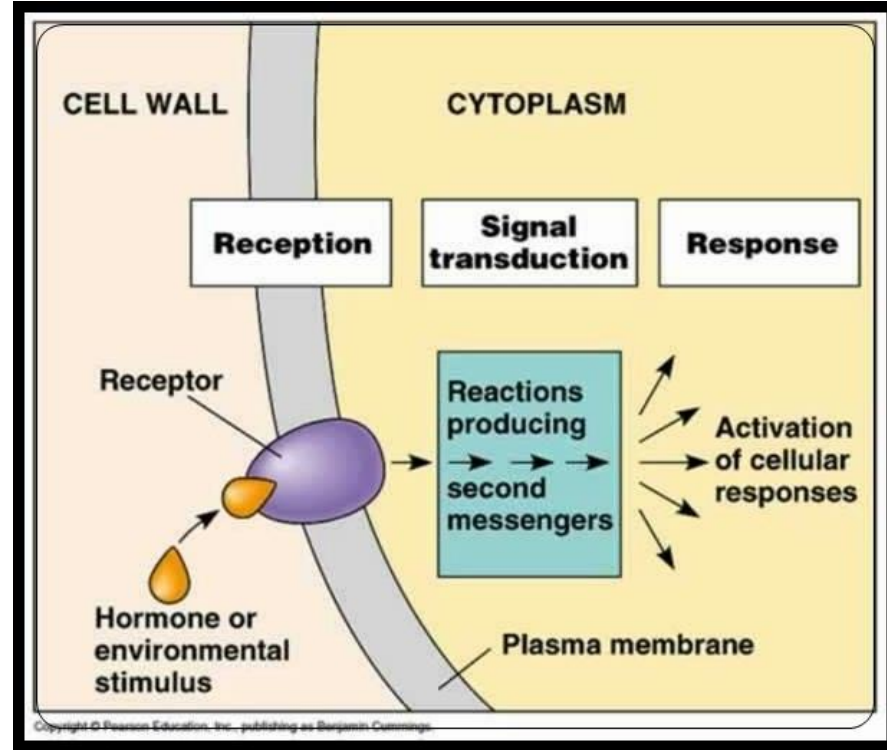
1. Signal molecules binds to the receptor protein
2. protein changes shape
 - conformation change
3. Initiates transduction of the signal



The process of signal transduction

Converts signal to cellular response

- signal cascade
- relays signal from receptor to cell target
- often amplifying signal



Unit 4: Cell Communication and Cell Cycle

Main Idea: Organisms use environmental cues to coordinate reactions used for growth, reproduction, and homeostasis

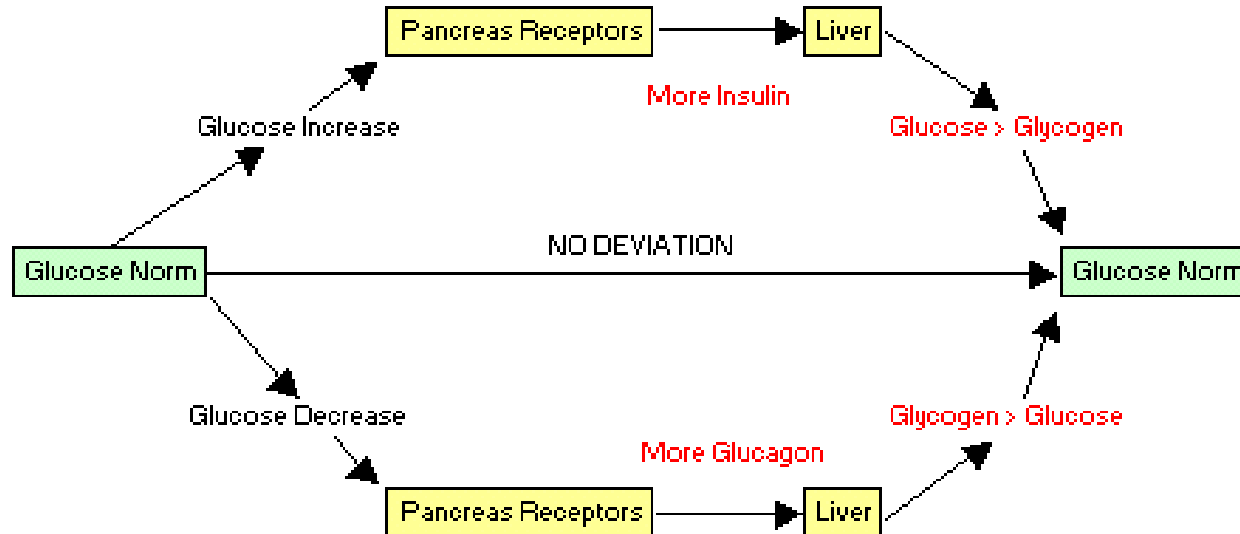


Be able to:

- Describe positive and negative feedback and explain how negative feedback helps maintain homeostasis
- Explain how positive feedback affects homeostasis.
- Describe the role of the environment in eliciting a cellular response

Negative feedback

- The response reduces the effect of the stimulus
- Used to maintain homeostasis



Negative feedback examples

Sweat and temperature

- Exercise
 - internal temperature increases
- Sweat
 - Internal temperature returns to normal



Positive feedback

- Response magnifies effect of stimulus
- Example: Ripening fruit
 - Fruit releases ethylene gas as they ripen
 - ethylene gas signals fruit ripening

Unit 4: Cell Communication and Cell Cycle

Main Idea: Organisms pass genetic information on to the next generation



Be able to:

- Describe the events that occur in the cell cycle.
- Explain how mitosis results in two genetically identical cells

The cell cycle

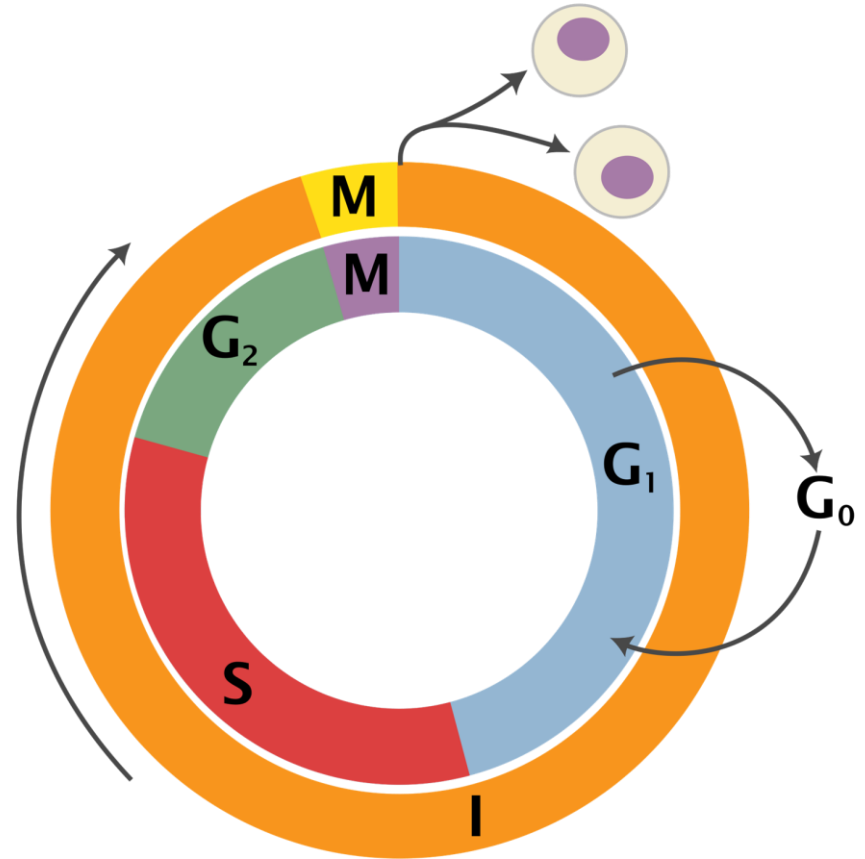
Major stages of a eukaryotic cell's life cycle.

How eukaryotic cells accomplish the processes of growth, repair, and reproduction.

Interphase: non-dividing life (most of the cell cycle).

$G_1 \rightarrow S \rightarrow G_2$

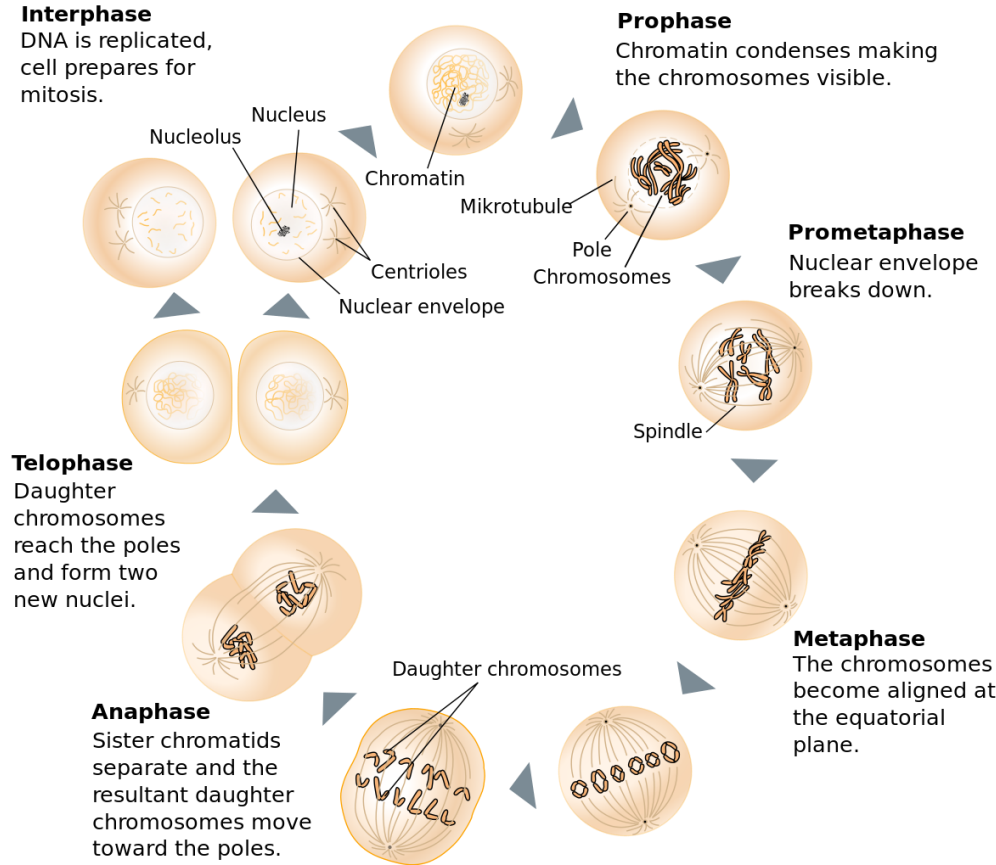
M-phase: cell division.



Mitosis

Produces two genetically identical “daughter” cells.

Chromosomes duplicated in S phase condense, align, and separate.



Unit 4: Cell Communication and Cell Cycle

Main Idea: Organisms pass genetic information on to the next generation



Be able to:

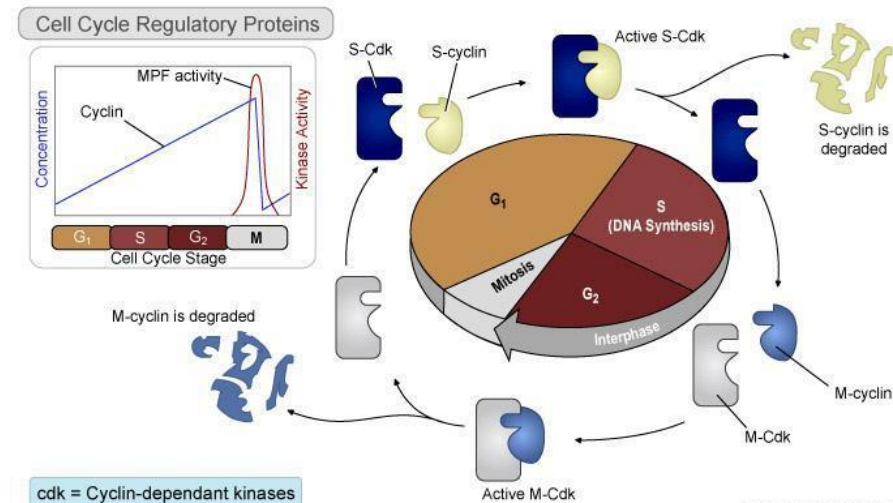
- Describe how checkpoints regulate the cell cycle.
- Explain how disruptions to these checkpoints can affect the cell and/or organism.

Control of Cell Division

Mitosis is under strict cellular control. Cells must pass through a series of “checkpoints” to be allowed to divide.

If internal conditions are not appropriate, cell division will normally be prevented.

Ex. Mitosis Promotion Factor



Unit 4 Quizizz Game Codes



4.1: 0184 5875

4.2: 4378 8915

4.3: 6476 0435

4.4: 0853 0547

4.5: 6685 7587

4.6: 0433 6243

4.7: 5466 7891

Compiled: 2833 2843

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