

## How to Study for the AP BIOLOGY Exam

## with Tiffany Jones & Josh Kaspar

## Don't be shy! Talk to us in the **Chat** section

Chat

Q&A Polls Handouts Private

Sarah Thomas

6:45p

Hey guys! Be on the lookout for an invite to the next session in our webinar series!

Anna Lopez

6:46p

Sounds great Sarah, looking forward to that

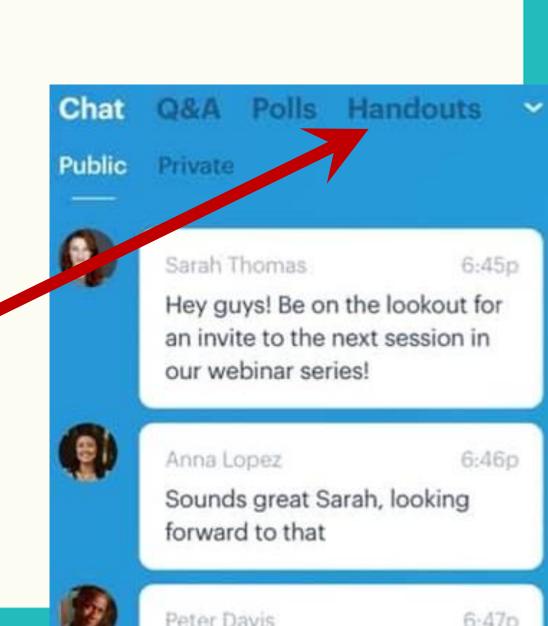
Peter Davis

6.47p

## Post your questions in the **Q&A** Section and upvote your favorite questions.

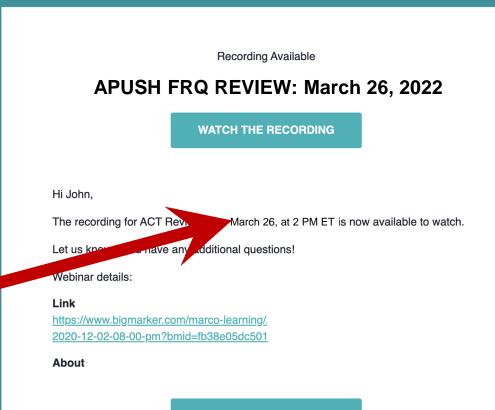
Chat **Q&A** Polls Handouts Private Sarah Thomas 6:45p Hey guys! Be on the lookout for an invite to the next session in our webinar series! Anna Lopez 6:46p Sounds great Sarah, looking forward to that Peter Davis 6.47p

## Download your handouts and links in the **Handouts** tab.





# All sessions **will be recorded** and sent to you via email.



WATCH THE RECORDING

## Welcome – Who Are You?

Mr. Joshua Kaspar

- 10 Years of AP Biology
- Florida
- B.A. in Science Education – Biology
- AP teacher trainer and mentor



## Welcome – Who Are You?

#### Mrs. Tiffany Jones

- 11 years of AP Biology
- Georgia
- AP Reader
- B.S. in Biology
- Ed.S. in Instructional Tech



AP Biology students are penguins because they are Dressed for Success!

You are now an AP Bio Penguin!

## **Exam Format**

#### Time: 90 minutes

- Section I: Multiple Choice
- 60 Questions
- 50% of Exam Weighting

AP Bio Exam: May 10<sup>th</sup> at 12pm Countdown: 45 days...

#### Time: 90 minutes

- Section II: Free Response
- 6 Questions (2 long, 4 short)
- 50% of Exam Weighting



Based on the 2020 Practice Exam Scoring Guidelines

You need approximately 54 of the available 120 points for a 3 on the exam

## **Exam Format**

#### Topic Breakdown

Units	Exam Weighting	#Qs
Unit 1: Chemistry of Life	8 – 11 % (5 – 7)	5.7
Unit 2: Cell Structure and Function	10 – 13% (6 – 8)	6.7
Unit 3: Cellular Energetics	12 – 18% (7 – 10)	9.3
Unit 4: Cell Communication and Cell Cycle	10 – 15% (6 – 9)	6.7

## **Exam Format**

#### Topic Breakdown

Units	Exam Weighting	#Qs
Unit 5: Heredity	8 – 11% (5 – 7)	6
Unit 6: Gene Expression and Regulation	12 – 16% (7 – 10)	8
Unit 7: Natural Selection	13 – 20% (8 – 12)	9.3
Unit 8 Ecology	10 – 15% (6 – 9)	8.3

## Helpful Resources:



# <u>AP Bio Penguins:</u>

- 351 page Review Guide
- 120+ Quizizz Games
- Topic TikTok Videos
- Review PowerPoints
- Review Videos

<u>www.apbiopenguins.weebly.com</u> @apbiopenguins (IG, TT, YT)

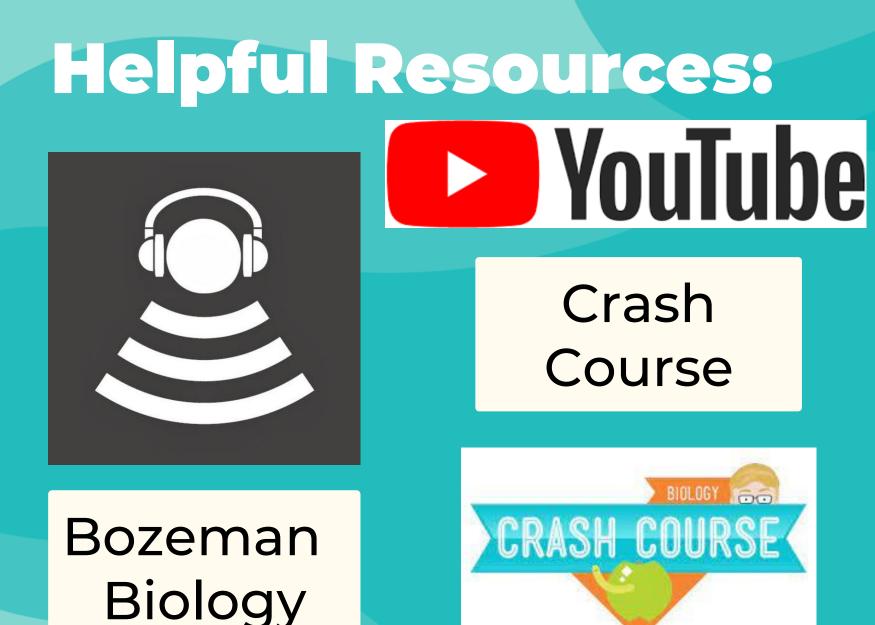
## Helpful Resources:



# The Apsolute RecAP:

- 82 episodes (FREE) on any platform that offers podcasts
- Guided listening sheets developed with podcast

www.theapsoluterecap.com





Ameoba Sisters

## Helpful Resources:

BARRON'S THE TRUSTED NAME IN TEST PREP

AP Biology Premium

- 5 full-length practice tests with detailed answer explanations
- Online practice with a timed test option and scoring
- Comprehensive review and practice for all topics on the exam
- Expert tips plus Barron's "Essential 5" things you need to know



Mary Wuerth, M.S.

# **Barron's Review Book**:

- Section Reviews
- Section Quizzes
- Practice Exams with Explanations

Other Books:

- Princeton Review
- 5 Steps to a 5
- Pearson (Holtzclaw)



#### 2023 AP<sup>®</sup> Bio 6-Week Study Plan



Quick Resources				
AP Boot Camp	Score Predictor YouTube	TikTok		
Week 1 (March 26-April 1)	Week 2 (April 2-8)	<b>Week 3</b> (April 9-15)		
<ul> <li>Units 1 and 2 (Chemistry of Life; Cell Structure and Function)</li> <li>Review FRQ Task Verbs.</li> <li>Units 1 and 2 Review Guide (p. 8-55)</li> <li>A Tour of the Cell</li> <li>Chemistry of Life, Cell Structure, &amp; Function</li> <li>Units 1 and 2 Quizizz Practice</li> <li>Attend live event Sun, March 26 for AP Bio exam prep</li> </ul>	<ul> <li>Unit 3 (Cellular Energetics)</li> <li>Unit 3 Review Guide (p. 56-87)</li> <li>ATP &amp; Respiration</li> <li>Photosynthesis</li> <li>Cellular Energetics</li> <li>Enzymes</li> <li>Unit 3 Quizizz Practice</li> </ul>	<ul> <li>Units 4 and 5 (Cell Communication; Cell Cycle; Heredity)</li> <li>Units 4 and 5 Review Guide (p. 88-148)</li> <li>Cell Communication &amp; the Cell Cycle</li> <li>Mitosis: Splitting Up is Complicated</li> <li>Cell Cycle, Mitosis and Meiosis</li> <li>Signal Transduction Pathways</li> <li>Mendelian Genetics</li> <li>Units 4 and 5 Quizizz Practice</li> </ul>		
Week 4 (April 16-22)	Week 5 (April 23-29)	<b>Week 6</b> <sup>1/2</sup> (April 30-May 10)		
<ul> <li>Unit 6 (Gene Expression and Regulation)</li> <li>Unit 6 Review Guide (p.149-197)</li> <li>DNA. Hot Pockets. &amp; The Longest Word Ever</li> <li>Gene Regulation</li> <li>Examining Gene Expression and Regulation</li> <li>Unit 6 Quizizz Practice</li> </ul>	<ul> <li>Unit 7 (Natural Selection)</li> <li>Unit 7 Review Guide (p.198-252)</li> <li>Natural Selection: Part 1</li> <li>Natural Selection: Part 2</li> <li>Solving Hardy Weinberg Problems</li> <li>Unit 7 Quizizz Practice</li> <li>Take a practice test and score it</li> </ul>	<ul> <li>Unit 8 (Ecology)</li> <li>Unit 8 Review Guide (p. 253-315)</li> <li>Ecology - Rules for Living on Earth</li> <li>Ecosystems</li> <li>Ecology &amp; Biological Mechanisms</li> <li>Unit 8 Quizizz Practice</li> <li>Live Events TBD</li> <li>AP Bio Exam</li> <li>Wed, May 10th, 12 PM local</li> </ul>		

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## Weekly Plan

#### Break up the resources:

- 30 minutes to an hour a day Example:
- Memory Monday: Read/Review
- TikTok Tuesday: Watch Review TTs/YouTube
- Quizizz Wednesday: Review Games
- Think About it Thursday: Review Guide Weaknesses
- FRQ Friday: Practice FRQs

# **Tips & Tricks**

#### MC Timing:

- Keep pace
   (15 minutes for 10 questions = 1.5 minute/question)
- Use your diagrams (underline, jot notes, etc)
- Read questions before the long prompts to hone you into the important information
- If a component of the MC answer choice is wrong, mark it out
- Nothing blank

# **Tips & Tricks**

#### **FRQ Timing:**

- Approximate:
   25 min per long & 10 min per short
- Recommendation:
   20 min per long & 8 min per short
- Time on Page
- Checkboxes for each bold task
- Order of Knowledge/Ability
- Watch your question number

# Tips & Tricks

#### **FRQ Format:**

- TWO booklets (question book/response book)
- SPECIFIC Questions on SPECIFIC pages
- ALL answers should be on the response book
- Write in PEN (black/dark blue) not eraseable!
- Graph in pencil (cover with pen, if time permits)
- WRITE LEGIBLY!!!
- Label your sections (a), (b), (c), & (d)
- Single line cross out
- COMPLETE sentences

#### Unit 1: Chemistry of Life

- Relationship between H<sup>+</sup> ions and pH
- Bonds differ in strength & type
- Differences in macromolecules

- Unit 2: Cell Structure/Function
- Movement of water/tonicity
- Integration of organelles

#### **Unit 3: Cell Energetics**

- ATP Synthase
- Enzyme Reactivity vs. Substrate Concentration
- NADH, NADPH, FADH<sub>2</sub>
- Plants undergo BOTH Cell Respiration & Photosyntesis

- Unit 4: Cell Communication & Cell Cycle
- Nondisjunction
- Positive vs. Negative Feedback
- Ligands
- Signal Transduction

#### Unit 5: Heredity

- Monohybrid vs. Dihybrid
- Punnett Square Probability
- Linkage vs. Independent Assortment

- Unit 6: Gene Expression & Regulation
- Directionality in replication, transcription, & translation

#### **Unit 7: Natural Selection**

- Lamarckian Statements
- Allopatric Speciation
- Extant vs. Extinct

#### Unit 8: Ecology

- INDEX (always subtract from 1)
- Feeding arrows in food webs/food chains

#### **Science Practices**

- Null hypothesis
- DV, IV, control
- Error bars
- Types of Graphs

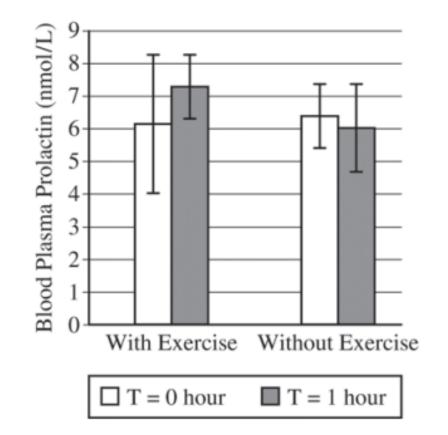
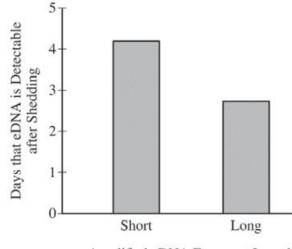


Figure 1. Effect of exercise on blood prolactin levels in adult males. The data represent the means  $\pm 2SE_{\overline{X}}$ .

#### Expect Not to Know Everything



Amplified eDNA Fragment Length

Figure 1. Detectability of eDNA fragments of varying lengths

Figure 2. Map of the waterways that connect a nearby river system to Lake Michigan

Rivers connected to Lake Michigan

Silver carp eDNA detected

No silver carp eDNA detected

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0

Living and dead organisms continuously shed DNA fragments, known as eDNA, into the environment. To detect eDNA fragments in the environment, the polymerase chain reaction (PCR) can be used to amplify specific eDNA fragments. eDNA fragments of different lengths persist in the environment for varying amounts of time before becoming undetectable (Figure 1).

To investigate whether silver carp, an invasive fish, have moved from a nearby river system into Lake Michigan, researchers tested water samples for the presence of eDNA specific to silver carp (Figure 2).

#### Expect Not to Know Everything

In the tongue sole fish (*Cynoglossus semilaevis*), sex is determined by a combination of genetics and environmental temperature. Genetically male fish have two Z chromosomes (ZZ), and genetically female fish have one Z chromosome and one W chromosome (ZW). When fish are raised at 22°C, ZZ fish develop into phenotypic males and ZW fish develop into phenotypic females. However, when fish are raised at 28°C, the Z chromosome is modified (denoted as Z\*). Z\*W individuals develop as phenotypic males that are fertile and can pass on the Z\* chromosome to their offspring even when the offspring are raised at 22°C. A cross between a ZW female and a Z\*Z male is shown in the Punnett square below.

	Ζ	W
Z*	Z* Z	Z* W
Ζ	ZZ	ZW

#### Expect Not to Know Everything

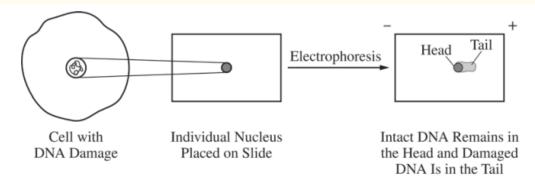


Figure 1. Comet assay to detect double-stranded breaks in DNA

A comet assay is a technique used to determine the amount of double-strand breaks in DNA (DNA damage) in cells. The nucleus of an individual cell is placed on a microscope slide coated with an agarose gel. An electric current is applied to the gel that causes DNA to move (electrophoresis), and the DNA is stained with a fluorescent dye. When viewed using a microscope, undamaged DNA from the nucleus appears as a round shape (the head), and the fragments of damaged DNA extend out from the head (the tail). The length of the tail corresponds to the amount of the damage in the DNA (see Figure 1).

## **AP Bootcamp Sessions** 4/2: Unit 1 – 4 Review 4/16: FRQ/MC Applications 4/23: Unit 5 – 8 Review 4/30: FRQ/MC Applications \$15

AP Bootcamp Code: Teacher15 Register with MarcoLearning

#### **AP Review Sessions:**

4/15: 2022 FRQ 1 & 2 4/29: 2022 FRQ #3 – 6

#### FREE on YouTube



Subscribe to: Marco Learning Follow us on your favorite social media channels!









